

Directions to  
Diane Engelhardt House  
(Unit 2)  
Treglown Court  
Dowlais Road  
CARDIFF  
CF24 5LQ

Tel: 0844 892 0290



By Train

#### **Cardiff Central Train Station**

Leave the train station through the main entrance/exit and there are taxis available. Explain to the taxi driver that the office is off Ocean Way, into Nettlefold Road, and the first right turn into Dowlais Road. We are at the end.

By Car

**From M4 West – avoiding City Centre** – exit at junction 33 and at the roundabout take the second exit onto A4232. At the next roundabout take the second exit onto the Central Link. At the next roundabout take the third exit onto East Tyndall Street. At the next roundabout take the third exit onto Ocean Way. Take the third right turn into Nettlefold Road. Take an immediate right hand turn into Dowlais Road and the NSPCC office is at the end of this road.

**From M4 West – travelling through City Centre** - exit at junction 32 and follow signs for A470 into Cardiff City Centre, i.e. Northern Avenue and Manor Way. Continue on this road as it becomes North Road.

Pass through all traffic lights until you reach a major junction. There is a restaurant called The Aneurin Bevan in front and you need to be in the middle lane to go around the left side of the building. Keep in the left hand lane as you go over the 'flyover' marked City Centre on the road.

As you come off the flyover you will need to ensure that you cross over into the left hand lane.

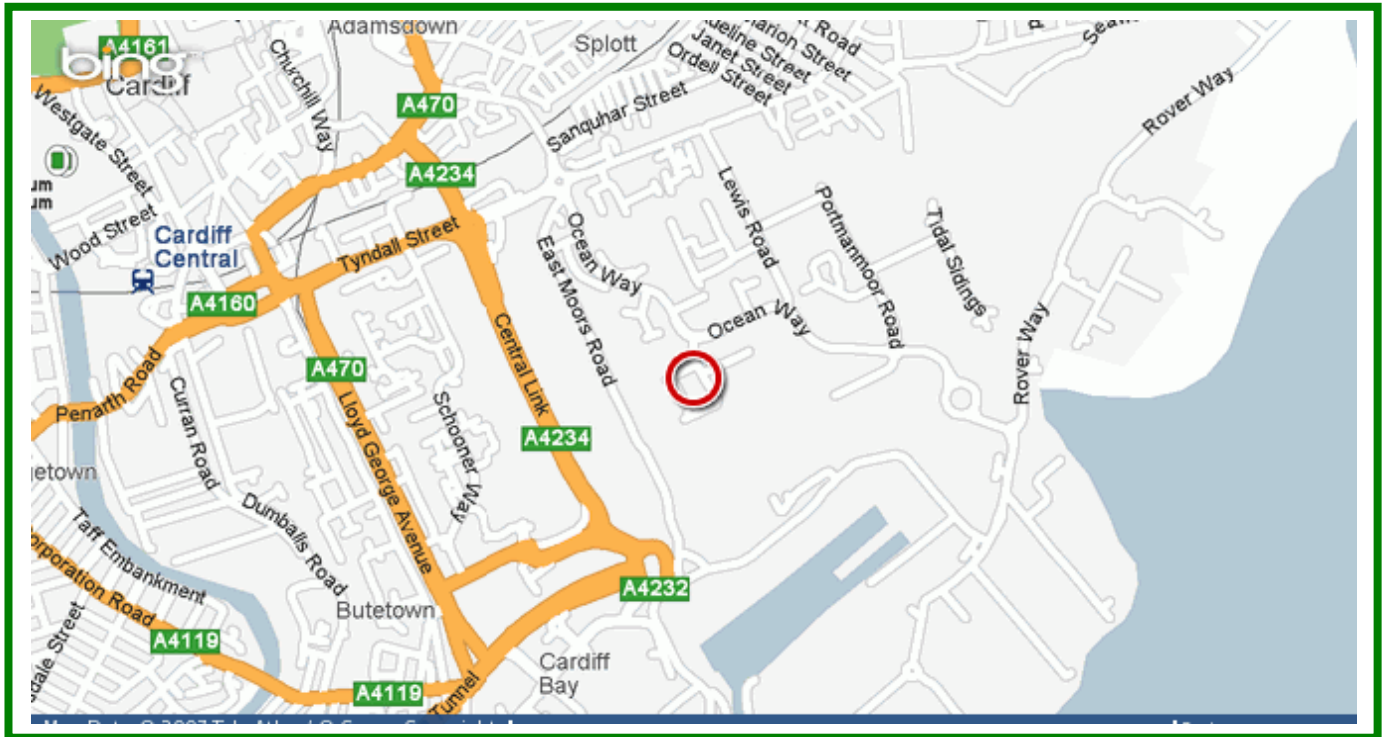
Travel down North Road. Take care as this road is 30 miles per hour and there are active traffic cameras in operation.

You will pass Gabalfa Baptist Church on the left hand side, further on down a Tesco Extra on the right and then you will come to a fork in the road as you face Nazareth House. Turn off to the left and keep in the left hand lane as you travel down Colum Road. Continue along this road travelling past the University Buildings and the Museum until you reach a set of lights where you will need to turn left into Stuttgarter Strasse – as you turn left move into the right hand lane. Keep in the same lane as you travel under the railway bridge (which is over the road) and then stay in the same lane and take the first right, Fitzalen Place (you will see the Institute for the Blind on the corner). Continue down this road, past the Magistrates Court on your left hand side, Cardiff Prison on your right hand side and you will be facing a Fire Station at the junction. As you approach the junction move into the centre lane

Travel through the lights almost straight ahead into Windsor Road (with the Fire Station on your right). You will travel over a weak bridge. Keep in the left hand lane as you approach a roundabout. This is known locally as the 'magic roundabout' as it has shapes constructed of road signs. Take the second junction off the roundabout marked Ocean Way.

Travel down Ocean Way until the third right turn and turn into Nettlefold Road. Take an immediate right hand turn into Dowlais Road and the NSPCC office is at the end of this road.

**From M4 East** exit at Junction 29, taking the A48. Exit at Junction with A470 (north road) and follow signs to the City Centre. Directions as for M4 above.



From Cardiff International Airport

**Taxi:** Checker cars, the official taxi operator for the airport, is located outside the arrivals hall to the right as you exit the building. Taxis can be booked in advance by e-mailing [cardiff@checkercars.com](mailto:cardiff@checkercars.com) or by calling +44 (0) 1446 711747

**Rail:** A rail link connects Cardiff International Airport to Cardiff Central on the hour. For further details contact National Rail Enquiries on: +44 (0) 8457 484950.

**Bus:** Cardiff Bus 'Airbus Xpress' **service X91** operates direct between Cardiff City Centre (including Central Station) and the airport every half hour Monday to Friday, and hourly Saturday and Sunday. Adult Fare £4.00, return £7.00. For exact times contact 0870 6082608.

If using rail or bus you will still need to get a taxi from the city centre.