

Activity 2

Who to Turn to

Equipment/Resource:	Photocopies of hands (1 for each participant) and helping hands information cards. Pens/markers.
Group Size:	20 maximum
Venue:	Enclosed facility
Target audience:	6+ (Some groups may need assistance reading the cards)
Time/duration:	15/20 minutes
You will need to:	Photocopy one set of 'Helping hands' task cards for each group and one copy of the 'Helping hands' personal network sheet for each participant

Aim:

The aim of this activity is to ensure that participants understand who they can turn to and the roles and responsibilities of the support network.

Learning Outcome:

By the end of this activity each participant will have identified their own personal helping hands support network and understand the roles of the key agencies and support organisations that they may wish to contact.

Activity – Helping Hands

- Divide the group into teams of 4
- Give out the Helping Hands task cards
- Ask each group to discuss when they think they might contact each type of individual/organisation e.g. Teacher/Coach/Childline/Friend/Parent/Internet/Social Services/Police/Children's Officer?
- Then distribute the helping hands sheets to each child. Get them to work individually (*if at the age and ability to do so*) to think of 5 people or organisations they could turn to for help if they had a problem (this is their personal network).

Key teaching points

- Clarify the roles and responsibilities of the various agencies involved (see task cards)
- When thinking about their personal 'Helping hands' network encourage the participants to consider;
 - Who they can trust?
 - Who they know is honest?
 - Who understands and is willing to help?
 - Who really listens and believes what I have to say?
 - Who has the time to listen and help?
 - Who might this be: parent or carer, grandparent, aunt or uncle, a friends mum, teacher, best friend, police officer, helpline, someone in my church?
- Explain the role of the Clubs Children's Officer and how they are a good person to contact within the club setting if they have a problem.
- Give contact numbers/email addresses for key contacts e.g. local police/social services/Childline; 0800111111/club children's officer etc Make these available on the club notice board or web site.
- Remind participants to regularly update their 'helping hands personal network'

Ensure young people know that if they haven't got the response they want/need from one contact – they can tell more than one.

An illustration of two hands, one on the left and one on the right, holding a white rectangular sign with a black border. The hands are rendered in a reddish-brown color with black outlines. The sign contains text about the police.

POLICE

Enforce the law and deal with people who break the law.

If you fear for your safety contact your local police.

An illustration of two hands, one on the left and one on the right, holding a white rectangular sign with a black border. The hands are rendered in a reddish-brown color with black outlines. The sign contains text about adults.

ADULTS

Should ensure that children are safe from harm and know who to go to for help.

Family friends, parents, grandparents, aunts and uncles can all help.



CHILDREN'S OFFICER

Has a responsibility to promote the needs of children in the club setting.

Will be able to support you and help to deal with bullying if it is happening in the club.



SOCIAL SERVICES

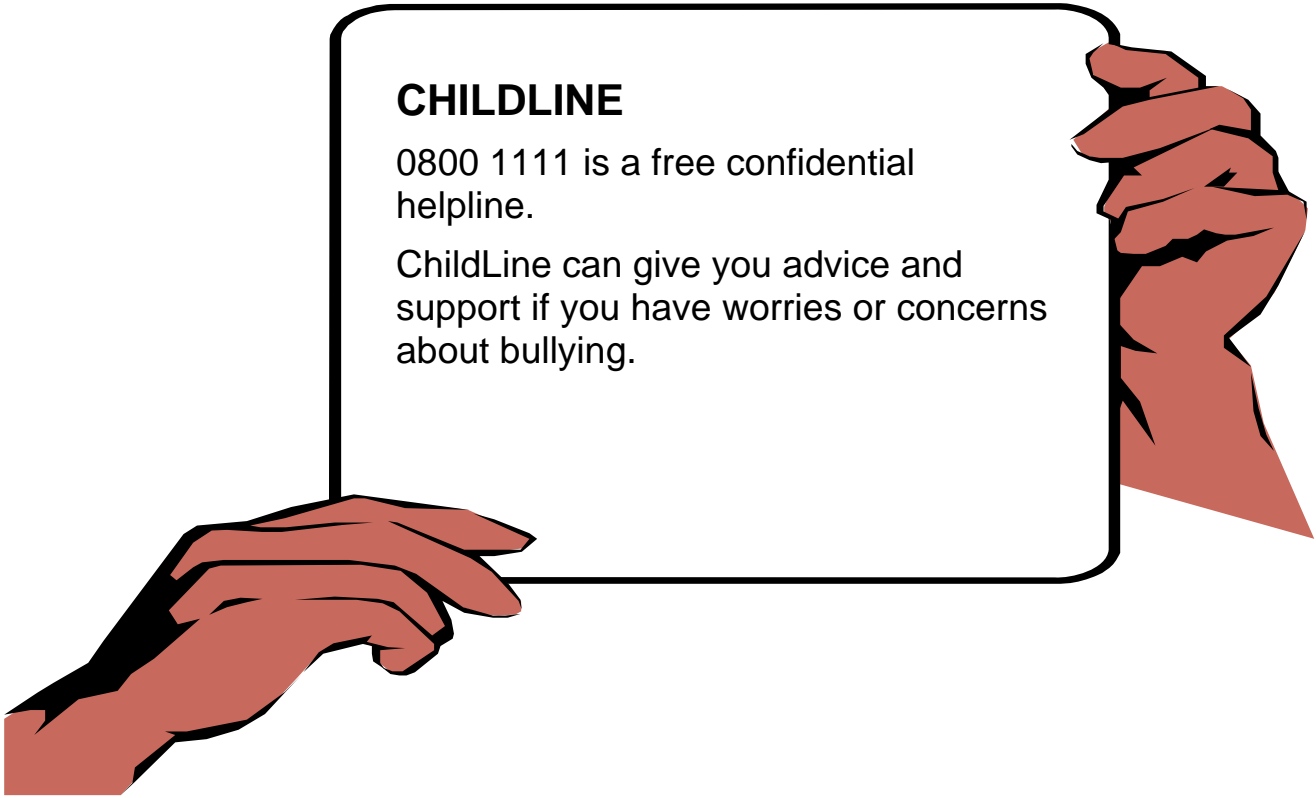
Will ensure that you are safe from harm.

They will investigate allegations of concerns of abuse, they always act in the best interests of children.

CHILDLINE

0800 1111 is a free confidential helpline.

ChildLine can give you advice and support if you have worries or concerns about bullying.





FRIENDS

Can help talk problems over and make you feel better.



Internet Support Groups

Can offer advice and support if you are feeling bad and give you practical advice on how best to deal with bullying.

MY NETWORK

