

New NSPCC EduCare Preventing Bullying Behaviour

A recent ChildLine study found that of those surveyed 50% of primary school and 25% of secondary school children had been bullied within the last year. In an NSPCC study it was found that 25% of those who had suffered bullying as a child experienced long term harmful effects in their adult lives. The impact of bullying can be devastating. It is your responsibility to understand and prevent bullying behaviour and to take action to create a culture of safety for the children and young people in your care.

Written by the NSPCC, this programme is designed for anyone who comes into contact with children and young people through their work, voluntary or leisure activities. The programme covers what bullying is, why some children bully, the effects of bullying, your responsibilities, reporting your concerns and creating an anti-bullying policy and culture within your setting.

The programme is delivered in four short modules with questionnaires to test both knowledge and understanding. On successful completion, participants are awarded a personalised NSPCC certificate.

Module 1 – Introduction to bullying behaviour

Examine:

- What bullying is
- Environments where bullying can take place
- Why some children bully others
- Why some children are the victims of bullying

Module 2 – Recognising bullying behaviour

Look at:

- The different forms of bullying (physical, verbal, non-verbal and cyberbullying)
- What is the focus of bullying behaviour
- The effects of bullying

Module 3 – Your personal responsibilities

Understand:

- How to make children feel protected from bullying
- What your responsibilities are
- Reporting and referring bullying behaviour
- Assessing incidents of bullying

Module 4 – Preventing bullying behaviour

Learn about:

- Preventing bullying behaviour within your setting
- How to develop an anti-bullying policy
- Responding to bullying incidents
- Working with parents

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