

NSPCC

Race day timetable

The race day timetable for the Milton Keynes Half Marathon will be as follows:

8:00	Gates open (plus information desk and changing facilities)
8.00	Registration opens for entries on the day (see Note 1 below)
8.45	Baggage area opens
8.45	Refreshments available
9:00	Pre-race massage available
9.30	Pre-race warm up
9.45	Registration closes
9.50	Runners to the start
10:00	Race starts
10.15	Children's Fun Run starts
11.05	Winner expected (based on course record)
11.10	Post-race massage available
12 noon	Presentation of prizes (approximate time)
1.30	Last runners cheered home (see Note 2 below)

Notes

1. Entrants who have received their race packs and numbers do not need to register on the day. Entry numbers may be limited and entries on the day cannot be guaranteed.
2. Runners should be of sufficient fitness to complete the course in three and a half hours. The course will be closed at 1:30 pm, after which there will be no marshals and you may not be insured.

EVERY CHILDHOOD IS WORTH FIGHTING FOR