

# Young People's Board for Change

*Unite us all*

## Information sheet

### What is the NSPCC Young People's Board for Change?

The Young People's Board for Change are a diverse group of 15 young people from across the UK. They share their views and ideas to advise the NSPCC on what matters most to children and young people. They get involved in lots of fun projects and get the opportunity to travel across the country to take part in residentials, meetings, and workshops.



**NSPCC**

EVERY CHILDHOOD IS WORTH FIGHTING FOR

# Young People's Board for Change

## If I become a member, what am I signing up to?

### As a member you will:

- **Attend** monthly sessions and workshops with the rest of the Young People's Board for Change.
- **Be trained to develop lots of important skills** like campaigning, public speaking and more.
- **Share your views and ideas** with key decision makers at the NSPCC, like our trustees and other staff
- **Work with our national and regional campaigns teams** to campaign for change.
- **Work with the rest of the Young People's Board for Change to champion young people's views** throughout the work of NSPCC.
- **Take action on topics that matter to you** – this will involve meeting and working together in smaller groups, and working with other young people who are not on the board to find out what their views are.
- **Represent the Young People's Board for Change** at exciting events.

### As a member, you need to be:

- **Committed** to being a member of the Young People's Board for Change for two years, from March 2023 – March 2025.
- **Available** to consistently attend all online and face-to-face meetings, including in-person residential events.
- **Happy to share your views and ideas**, and to tell the NSPCC what you think about what they do, and what they could be doing better for children and young people.
- **Excited to work in a team** with a group of 15 other young people from across the UK.
- **Willing to listen to others** and respect views that might be different to your own.
- **Ready to try new things and take part in new experiences**, like attending meetings with decision-makers at the NSPCC.
- **Interested in finding out what other young people in your area and across the country think**, and work together with the rest of the Young People's Board for Change to do this.

This might sound really exciting, but might also involve lots of new things that you haven't done before – that is totally OK! There will be lots of fun training sessions and workshops to support you to learn new things, and develop your confidence along the way. Plus, our friendly Participation Team are here to support you through every step of your journey so that you feel confident and ready to be heard!

## What does it cost?

It doesn't cost anything to join. The NSPCC will cover the cost of travel, accommodation and other expenses like food when you come to any in-person events and meetings. All of these details will be shared with you and your parent/carer before any meetings or events.

## I want to apply to the Young People's Board for Change. How does it work?

Great! The first step is to fill out an application form so that we can find out a bit more about you and why you would like to take part.

You can find this here:

**[nspcc.org.uk/boardforchange](https://nspcc.org.uk/boardforchange)**, and you will need to submit it to us by 23 January 2023. You will need to be available to come to a virtual interview with one of our friendly team members in February or March 2023.

## What if I need additional support with applying?

We're always here to help.

Send a message to

**[participationteam@nspcc.org.uk](mailto:participationteam@nspcc.org.uk)**

and we can have a chat to make sure that you have all the support you need to apply.

