

# Bwrdd Pobl Ifanc ar gyfer Newid

## yma i'w clywed

Wyt ti rhwng 13 ac 16 oed?

Eisiau helpu'r NSPCC i fod yno ar gyfer plant a phobl ifanc?

Eisiau rhannu eich syniadau a'ch barn, cwrdd â phobl newydd a chael hwyl?

Does dim byd i dy stopio – ymuna â'r Bwrdd Pobl Ifanc ar gyfer Newid!



## Rhannwch yr hyn sy'n bwysig i chi

Gwna gais i ymuno a'r Bwrdd Pobl Ifanc ar gyfer Newid. Mae rhagor o wybodaeth yn

[nspcc.org.uk/boardforchange](https://nspcc.org.uk/boardforchange)



# NSPCC

# Young People's Board for Change

are here to be heard

Aged 13–16?

Want to help NSPCC be there for children and young people?



Want to share your ideas and opinions, meet new people and have fun?

Be unstoppable – join the Young People's Board for Change!



Share what matters most to you

Apply now to join the NSPCC Young People's Board for Change and find out more at [nspcc.org.uk/boardforchange](https://nspcc.org.uk/boardforchange)



NSPCC

## Os ydw i'n dod yn aelod, beth fydda i'n gorfod cytuno i'w wneud?

Fel aelod, mae'n rhaid i ti:

- Gytuno i fod yn aelod o'r Bwrdd Pobl Ifanc ar gyfer Newid am ddwy flynedd, o fis Mawrth 2025 i fis Mawrth 2027.
- Bod ar gael i ddod i sesiynau ar-lein ac wyneb yn wyneb gyda phobl ifanc eraill.
- Yn barod i rannu eich syniadau a'ch barn.
- Yn gyffrous i weithio fel tîm, gwranddo ar eraill a pharchu barn pobl.

## Sut ydw i'n gwneud cais?

Llenwa ffurflen gais ar ein gwefan [nspcc.org.uk/boardforchange](https://nspcc.org.uk/boardforchange) erbyn Ionawr 20fed 2025. Bydd angen i ti fod ar gael ar gyfer cyfweiliad dros y we gydag aelod o'n tim cyfeillgar yn ystod mis Ionawr neu Chwefror 2025.

## Pa fath o bethau byddaf i'n eu gwneud?

- Cymryd rhan mewn hyfforddiant i ddatblygu nifer o sgiliau pwysig fel ymgyrchu, siarad cyhoeddus a mwy.
- Cwrdd â'r rhai sy'n gwneud penderfyniadau yn yr NSPCC er mwyn rhannu eich syniadau a'ch barn am y gwaith a wnawn.
- Cwrdd ag aelodau eraill o'r Bwrdd Pobl Ifanc ar gyfer Newid i sgwrsio am y pethau sydd o bwys i bobl ifanc.
- Cynrychioli'r Bwrdd Pobl Ifanc ar gyfer Newid mewn digwyddiadau cyffrous.

## Mae hyn yn swnio'n wych, ond dydw i erioed wedi bod ar fwrdd cyngori o'r blaen. Ydw i'n dal yn gallu gwneud cais?

Paid a phoeni, does dim rhaid i ti fod a phrofiad blaenorol o fod ar fwrdd cyngori, na gyda'r NSPCC, i gymryd rhan. Bydd llawer o sesiynau hyfforddi hwyliog a gweithdai i ddysgu pethau newydd, a datblygu dy hyder ar hyd y daith.

Mae aelod mae aelodau cyfeillgar ein Tim Cyfranogiad yma i dy helpu di drwy bob cam o'r daith. Gweler y daflen wybodaeth am fwy o fanylion.



## If I become a member, what am I signing up to?

As a member, you must be:

- Committed to being a member from March 2025 - March 2027.
- Available to come to online and in-person sessions with other young people.
- Willing to share your ideas and opinions.
- Excited to work as a team, listen to others and respect people's opinions.

## How do I apply?

Head to our website [nspcc.org.uk/boardforchange](https://nspcc.org.uk/boardforchange) to fill in an application form by 20 January 2025. You will need to be available for a virtual interview with one of our friendly team members in January or February 2025.

## What sort of things will I do?



- Take part in training to develop lots of important skills like campaigning, public speaking and more.
- Meet with decision makers at the NSPCC to share your ideas and opinions on the work we do.
- Meet with other members of the Young People's Board for Change to talk about the things that matter to young people.
- Represent the Young People's Board for Change at exciting events.

## I've never been on an advisory board before. Can I still apply?

Don't worry, you don't need to have any previous experience of being on an advisory board, or with the NSPCC. There will be lots of fun training sessions to learn new things and develop your confidence. We're here to support you through every step of your journey.

See the information sheet for more details.

