

# Bwrdd Pobl Ifanc ar gyfer Newid

*rhoi plant a phobl ifanc yn gyntaf*

## Taflen wybodaeth i rieni a gofalwyr

### Beth yw Bwrdd Pobl Ifanc yr NSPCC ar gyfer Newid?

Mae Bwrdd Pobl Ifanc ar gyfer Newid yn rhannu eu syniadau a'u barn i lywio, cynghori a dylanwadu ar yr NSPCC ar yr hyn sydd bwysicaf i blant a phobl ifanc.

Mae'r bwrdd yn cynnwys 15 o bobl ifanc, rhwng 13 ac 16 oed, o bob cwr o'r DU. Byddan nhw'n cwrdd yn rheolaidd rhwng mis Mawrth 2025 a mis Mawrth 2027.

Gall unrhyw un wneud cais – rydym am i lawer o wahanol bobl ifanc fod yn rhan o'r bwrdd. Does dim angen iddyn nhw gael profiad blaenorol o gymryd rhan mewn grŵp cynghori, nac o wirfoddoli gyda'r NSPCC. Byddan nhw'n cael llawer o gefnogaeth, gwybodaeth a hyfforddiant fel eu bod yn teimlo'n hyderus ac yn hapus i gymryd rhan.



**NSPCC**

**MAE POB PLENTYNDOD WERTH BRWYDRO DROSTO  
EVERY CHILDHOOD IS WORTH FIGHTING FOR**

# Young People's Board for Change

Putting children and young people first

## Information for parents and carers

### What is the NSPCC Young People's Board for Change?

The Young People's Board for Change share their ideas and opinions to steer, advise and influence the NSPCC on what matters most to children and young people.

The board is made up of 15 young people, aged 13-16, from across the UK. They will meet on a regular basis between March 2025 and March 2027.

Anyone can apply – we want lots of different young people to be part of the board. They don't need experience of taking part in an advisory group before, or of volunteering for the NSPCC. They will be given lots of support, information and training so that they feel confident and happy to take part.



NSPCC

EVERY CHILDHOOD IS WORTH FIGHTING FOR



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## Mae angen pobl ifanc arnom ni sydd:

- Rhwng 13 a 16 oed.
- Diddordeb mewn creu newid i blant a phobl ifanc.
- Yn barod i wrando ar eraill a pharchu eu barn.
- Yn gyffrous i rannu eu syniadau a'u barn, a gweithio gydag eraill.
- Yn fodlon gwneud eu gorau glas i gyfrannu at y bwrdd.
- Yn gallu dod i bob cyfarfod a gweithdy (bydd y dyddiadau'n cael eu rhannu ymlaen llaw).

## Beth fydd pobl ifanc yn ei gael o wneud hyn?

Fel aelod o Fwrdd Pobl Ifanc ar gyfer Newid yr NSPCC, byddan nhw'n:

- Datblygu sgiliau newydd a chymryd rhan mewn hyfforddiant cyffrous fel ymgyrchu, y cyfryngau a siarad cyhoeddus.
- Cael cyfleoedd i deithio ar draws y DU i gymryd rhan mewn sesiynau preswyl, cyfarfodydd, ymgynghoriadau a gweithdai.
- Cwrdd â'r rhai sy'n gwneud penderfyniadau gan gynnwys staff yr NSPCC, Ymddiriedolwyr a gwleidyddion i rannu'r hyn sydd bwysicaf i bobl ifanc.
- Yn bwysicaf oll, cwrdd â phobl ifanc eraill a chael hwyl.

## Beth mae'n rhaid iddyn nhw gytuno i'w wneud?

- Mynd i bob cyfarfod ar-lein ac wyneb yn wyneb, gan gynnwys digwyddiadau preswyl wyneb yn wyneb.
- Rhannu eu syniadau a'u barn am waith yr NSPCC, a'r hyn y gallem fod yn ei wneud yn well ar gyfer plant a phobl ifanc.
- Cadw golwg ar ddeunydd cyfathrebu'r NSPCC, gan gynnwys darllen ac ateb negeseuon.

## Faint fydd hyn yn ei gostio?

Bydd yr NSPCC yn talu costau teithio, llety a threuliau rhesymol ar gyfer cyfarfodydd rhanbarthol a chenedlaethol. Bydd yr hyn y byddwn yn ei dalu yn cael ei rannu â chi cyn dod i gyfarfod.

## Ein gofyn i chi

I gymryd rhan mewn cyfleoedd fel aelod o Fwrdd Pobl Ifanc ar gyfer Newid, mae angen mynediad at ddyfais sydd â'r rhyngwyd, camera a meicroffon. Os nad yw'r rhain ar gael i'r person ifanc, rhowch wybod i ni a gallwn siarad am y ffordd orau iddyn nhw gymryd rhan.

Os cawn gyfle personol, byddwn wastad yn rhannu gwybodaeth gyda rhieni/gofalwyr ymlaen llaw i'w drafod. Gall hyn, ar adegau, olygu bod angen i oedolyn priodol deithio gyda'r person ifanc a/

neu aros dros nos. Os yw hyn yn rhwystro i'ch person ifanc rhag cymryd rhan mewn cyfleoedd ychwanegol, gallwn siarad am y ffordd orau iddyn nhw gymryd rhan.

## Amddiffyn Plant:

Mae'r NSPCC wedi ymrwymo i amddiffyn plant a phobl ifanc, ac i greu diwylliant gwaith lle mae plant a phobl ifanc yn cael eu gwerthfawrogi a'u diogelu. Mae gan yr NSPCC bolisi a gweithdrefnau amddiffyn plant ac mae disgwyl i'r holl staff weithio tuag atynt. Er mwyn creu amgylchedd diogel i blant a staff lle mae arferion gwael yn cael eu herio, byddwn yn cymryd y camau canlynol:

- Mae'r holl staff yn cael eu harchwilio gan yr heddlu, ac mae tyst lythyron yn cael eu defnyddio i wneud yn siŵr bod staff yn addas.
- Mae'r holl staff yn cael eu goruchwyllo a'u cefnogi yn eu gwaith.
- Mae'r holl staff yn gweithio gan ddilyn gweithdrefnau amddiffyn plant yr NSPCC, ac mae'r rhain yn cael eu hadolygu a'u diweddarau yn ôl yr angen.
- Mae'r holl staff yn derbyn hyfforddiant mewn amddiffyn plant ar lefel sy'n briodol i'w sefyllfa waith.
- Gall yr holl staff fynegi pryderon am ymarfer gwaith neu beryglus drwy weithdrefnau amddiffyn plant a pholisi chwythu'r chwiban yr NSPCC.
- Mae asesiad risg llawn yn cael ei wneud ar gyfer ein holl ddigwyddiadau.
- Rydym ni'n gofyn am fanylion yswiriant unrhyw leoliadau allanol rydym ni'n eu defnyddio, ac yn gwirio'r manylion hynny.

## Y camau nesaf a rhagor o wybodaeth:

Llenwch ffurflen gais erbyn Ionawr 20fed 2025.

Gwybodaeth am y Bwrdd Pobl Ifanc ar gyfer Newid: [nspcc.org.uk/boardforchange](https://nspcc.org.uk/boardforchange)

Unwaith y bydd yr holl geisiadau wedi'u derbyn, byddwn yn cysylltu â phobl ifanc a rhieni/gofalwyr erbyn mis Chwefror 2025 i gadarnhau a fyddan nhw'n cael eu gwahodd i gyfweiliad gyda'n tîm cyfranogi cyfeillgar. Os na chaiff eich person ifanc ei wahodd i gyfweiliad, bydd yn cael cynnig cyfle i gofrestru ar gyfer 'The Collective', sy'n golygu y bydd yn derbyn cylchlythyr misol yr NSPCC gyda chyfleoedd ychwanegol fel arolygon, gweithdai a digwyddiadau.

# Young People's Board for Change

## We need young people who:

- Are between 13 and 16 years old.
- Have an interest in making a change for children and young people.
- Are prepared to listen to others and respect their opinions.
- Are excited to share their ideas and opinions, and work with others.
- Are willing to contribute to the board to the best of their ability.
- Can attend all meetings and workshops (dates will be shared in advance).

## What will young people gain?

As a member of the NSPCC Young People's Board for Change, young people will:

- Develop new skills and take part in exciting training like campaigning, media and public speaking.
- Have opportunities to travel across the UK to take part in residential, meetings, consultations and workshops.
- Meet with decision-makers including NSPCC staff, Trustees and politicians to share what matters most to young people.
- Most importantly, meet other young people and have fun.

## What's the commitment?

- Attend all online and face-to-face meetings, including in-person residential events.
- Share their ideas and opinions on NSPCC's work, and what we could be doing better for children and young people.
- Keep track of communications from NSPCC, including reading and replying to messages.

## How much will it cost?

The NSPCC will cover the cost of travel, accommodation and reasonable expenses for regional and national meetings. What we will cover will be shared with you in advance of attending a meeting.

## Our ask of you

Taking part in opportunities as a member of the Young People's Board for Change requires access to a device with internet, a camera and microphone.

If your young person does not have this, let us know and we can talk about the best way for them to be involved.

If we have an in-person opportunity, we will always share information with parents/carers in advance to discuss. This may, at times, require an appropriate adult to travel with the

young person and/or to stay overnight. If this is a barrier to your young person taking part in additional opportunities, we can talk about the best way for them to be involved.

## Child Protection:

The NSPCC are committed to the protection of children and young people, and to creating a working culture where children and young people are valued and safeguarded. The NSPCC have a child protection policy and procedures to which all staff are expected to work. To create a safe environment for children and staff where poor practice is challenged, the following steps are taken:

- All staff are police-checked, and references are taken to verify staff suitability.
- All staff are supervised and supported in their work.
- All staff work to the NSPCC child protection procedures which are reviewed and updated as necessary.
- All staff receive training in child protection at a level appropriate to their work situation.
- All staff can raise concerns about poor or dangerous practice through the NSPCC's child protection procedures and whistleblowing policy.
- All our events are fully risk assessed.
- Insurance details are obtained and verified for any external venues that we use.

## Next steps and further information:

Please complete an application form by 20 January 2025.

Information about the Young People's Board for Change and the application form can be found here: [nspcc.org.uk/boardforchange](https://nspcc.org.uk/boardforchange)

Once all applications have been received, young people and parents/carers will be contacted by February 2025 to confirm whether they will be invited to interview with our friendly participation team. If your young person is not invited to interview, they will be offered the opportunity to sign up to 'The Collective', this means they will receive a monthly newsletter from NSPCC with additional opportunities such as surveys, workshops and events.