

# Young People's Board for Change

Putting children and young people first

## Application form

Aged 13-16? Interested in sharing your ideas and opinions to help make a change for children and young people, develop skills, meet new people and have fun?

Be unstoppable – join the Young People's Board for Change!

The Young People's Board for Change (YPBC) is a fun and exciting chance for young people, aged 13-16, to steer, advise and influence the work of the NSPCC.



# About me

This is a chance for you to tell us a bit more about yourself, and why you would like to be on the **Young People's Board for Change**. Filling in this application form is your first step on a very exciting journey! You can fill it in however you'd like, so feel free to get creative. You can write your answers, draw them, send us a video or voice note, or if there is another way you would prefer to tell us about yourself, please get in touch with us at [participationteam@nspcc.org.uk](mailto:participationteam@nspcc.org.uk) and we can have a chat about this.

If you tell us anything in your application form which makes us worried about your safety, we'll need to get in touch with you to check that you're safe and have the support that you need. If you ever need someone to talk to Childline is here for you online, on the phone, anytime. Childline is a free, private and confidential service where you can talk about anything. Call Childline free on **0800 111** or online: [childline.org.uk](https://www.childline.org.uk) whatever your worry.

**This application is also available in Welsh.**  
**Sylwer, mae'r pecyn cais yma hefyd ar gael yn Gymraeg.**

**My name is** \_\_\_\_\_

**My pronouns are** (e.g. he, she, they, ze) \_\_\_\_\_

**I am** \_\_\_\_\_ **years old and my birthday is on** \_\_\_\_\_

To take part, you must be 13 years old by March 2025 and you can't be older than 18 years old by March 2027.

## Which country do you live in?

Northern Ireland

Scotland

Wales

### England:

North West

Midlands

South West and

North East, Yorkshire  
& The Humber

East

Channel Islands

London and South East

## I would like to be contacted by:

Please tell us your email address and/or phone number so we can contact you about your application

Email \_\_\_\_\_

Phone \_\_\_\_\_

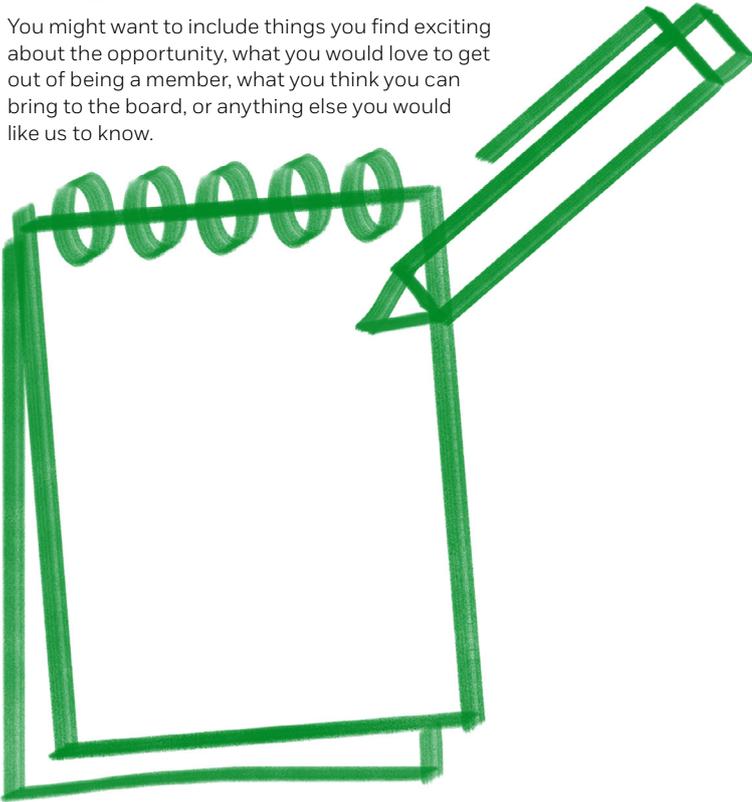
## Tell us a fun fact about you

Tell us what you love to do in your free time, what your dream super power or something that makes you laugh.



## I would love to become a member of the Young People's Board for Change because...

You might want to include things you find exciting about the opportunity, what you would love to get out of being a member, what you think you can bring to the board, or anything else you would like us to know.



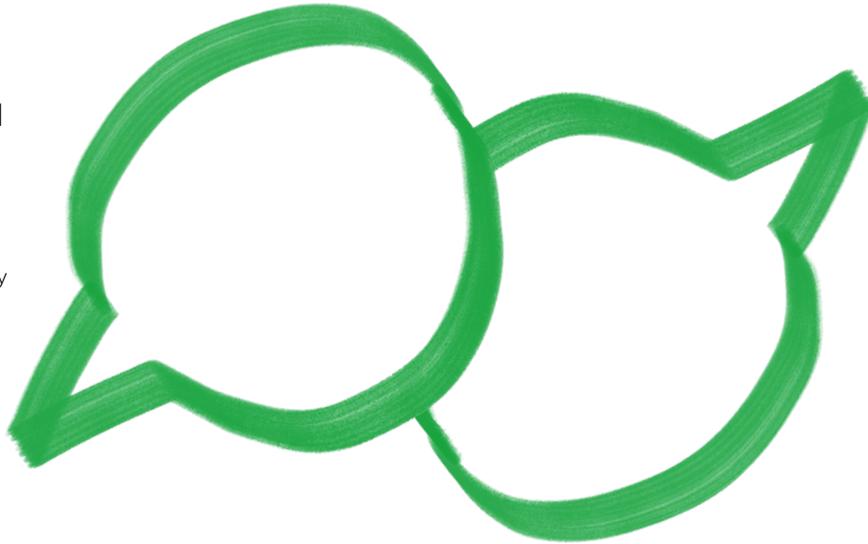
## My goal on the Young People's Board for Change is...

You could tell us one change you would like to make at NSPCC, a decision-maker you would like to speak to or maybe the friendships you would like to make.



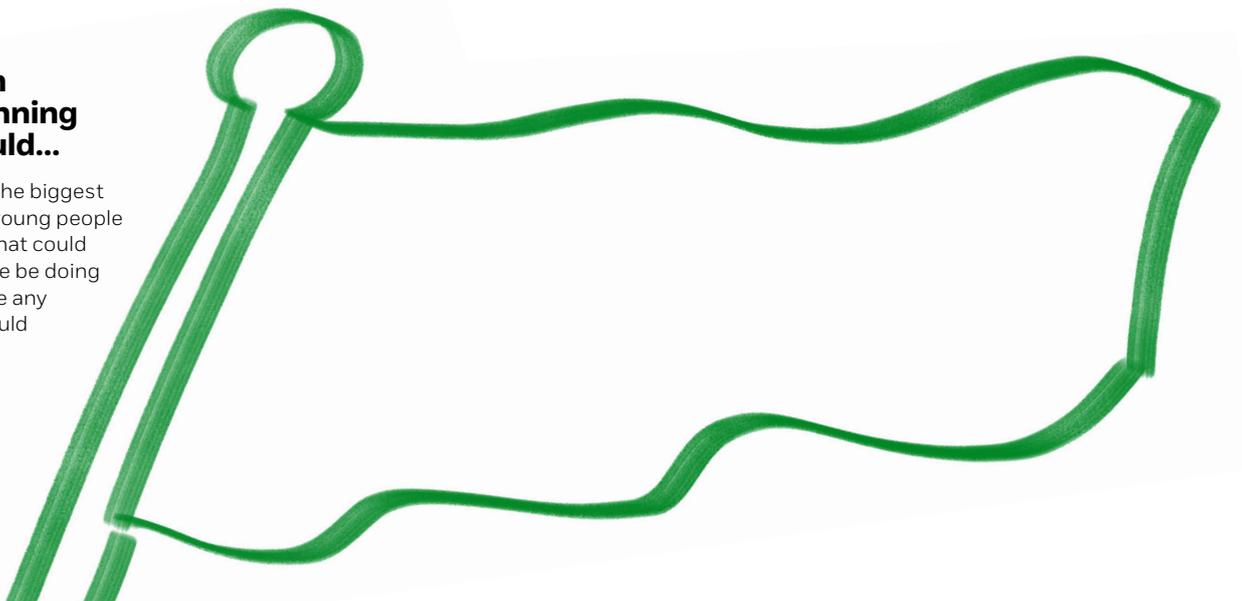
## Something I could do to make new friends is...

You could tell us about a game you would play to get to know others or an activity to help remember names.



## If I was put in charge of running the UK, I would...

What do you think the biggest challenges are for young people in the UK today? What could the people in charge be doing better? Do you have any great ideas that would make life better for people your age?

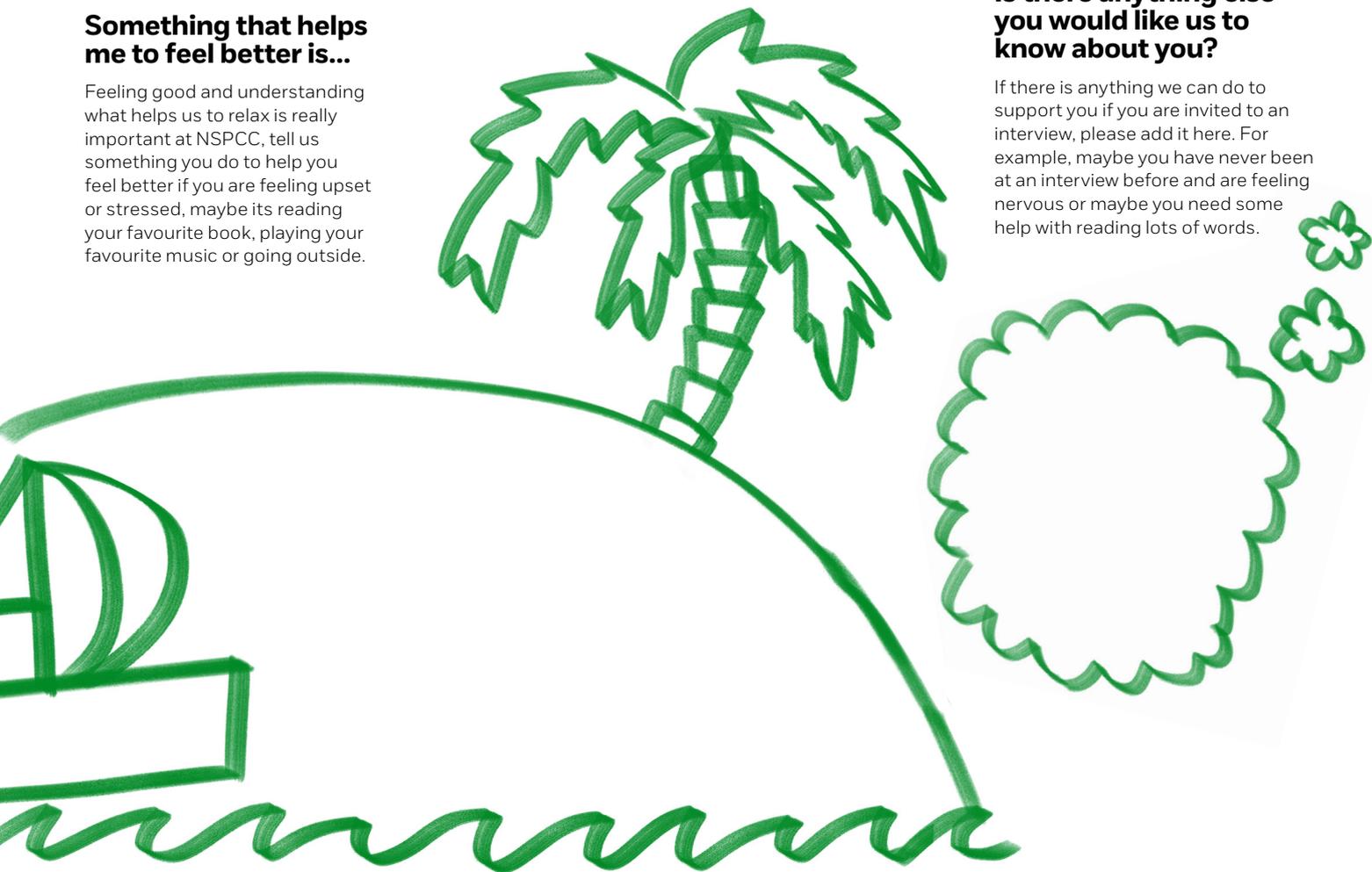


## Something that helps me to feel better is...

Feeling good and understanding what helps us to relax is really important at NSPCC, tell us something you do to help you feel better if you are feeling upset or stressed, maybe its reading your favourite book, playing your favourite music or going outside.

## Is there anything else you would like us to know about you?

If there is anything we can do to support you if you are invited to an interview, please add it here. For example, maybe you have never been at an interview before and are feeling nervous or maybe you need some help with reading lots of words.



## What happens next?

We will contact you and your parents/carers by February 2025 to let you know if you've been shortlisted for interview.

Sadly, it's not possible to offer everyone a place on the Young People's Board for Change, as we only have 15 places.

If you don't get an interview there are still lots of other ways to get involved and share your ideas and opinions. Please tick here  if you would like to sign up to 'The Collective', a monthly email newsletter with opportunities to get involved at NSPCC.

**Please email your application to [participationteam@nspcc.org.uk](mailto:participationteam@nspcc.org.uk)**

**Or by post to:  
Participation Team, NSPCC,  
Weston House, 42 Curtain Road,  
London, EC2A3NH**



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