



YOUR  
NAME

\_\_\_\_\_ 'S

# Talk PANTS with Makaton book



**NSPCC**

EVERY CHILDHOOD IS WORTH FIGHTING FOR

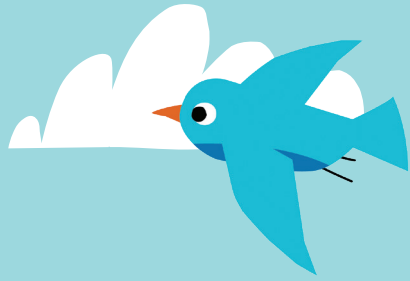


**Get a teacher, parent  
or carer to go through  
this booklet with you.**

There's also a separate  
parents' guide for your  
trusted adult to read too.

Enjoy talking PANTS  
with Makaton!





# PANTOSAURUS' FIVE RULES FOR STAYING SAFE



1

PRIVATE PARTS  
ARE PRIVATE

2

YOUR BODY IS YOURS

3

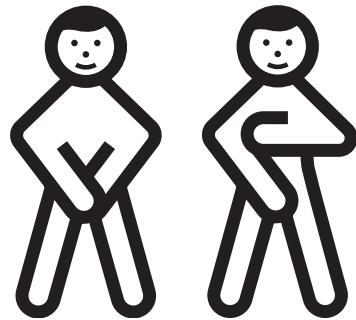
IT'S OKAY  
TO SAY NO

4

TALK ABOUT  
BAD SECRETS

5

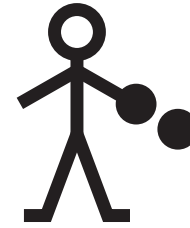
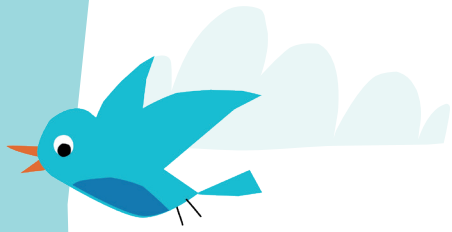
ADULTS CAN HELP



Private

Private parts are private





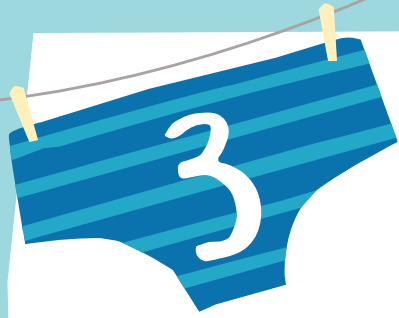
**Your**

**body**

**is**

**yours**





It's

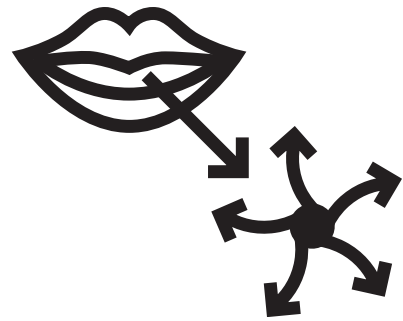
ok

to

say

no





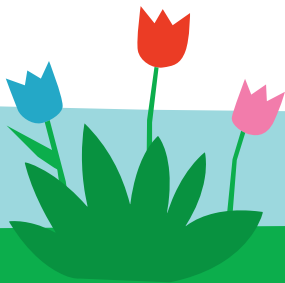
**Talk about**

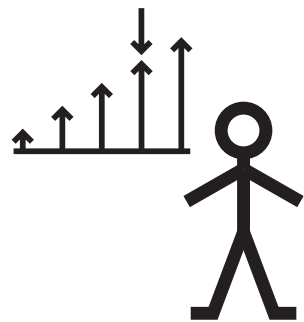


**bad**



**secrets**

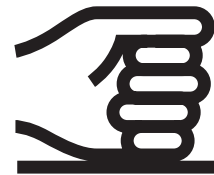




Adults



can



help





You might want to use this space to draw or stick photos of some of the adults you trust.



Draw



Colour



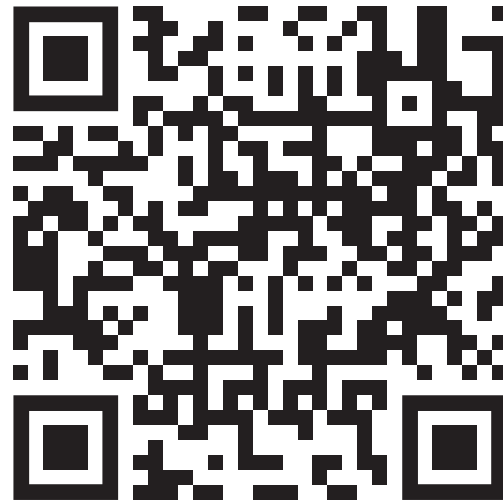
Photography







SCAN HERE TO  
SIGN ALONG WITH  
PANTOSAURUS



Scan

