

childhood day

mile

Friday
7 June

Move your mile just like Bing, Flop and their friends!

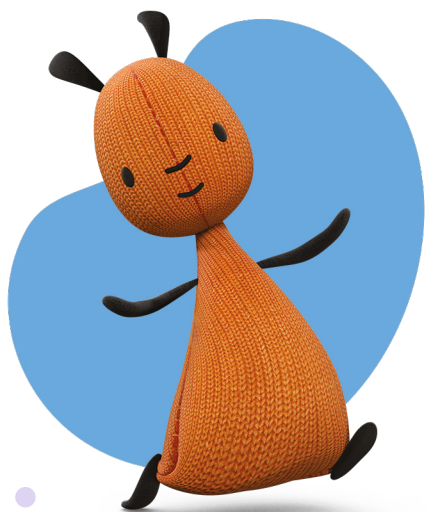
Voosh like Bing!

Bing loves to voosh with his favourite toy, Hoppity, and make him fly higher and higher!

Can you put your arms out wide and voosh a mile with your favourite toy?



Vooooosh!



Dance like Flop!

Flop is an excellent dancer, all it takes is a little bit of music.

Why not choose your favourite song and dance your mile along with Flop?

Let's go, go, go, go,
gooooo!

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Kick a ball like Pando!

Pando really likes doing BIG kicks with his football.

Do you have a favourite ball you can kick a mile?

Boofoof!



Twirl like Sula!

Sula's favourite things are sparkles, magic and hearts.

Can you twirl a mile just like Sula the fairy queen?



Here... I
Gooooo!

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Hula like Coco!

Coco can do lots of hulas with Holly hula hoop! It's not as easy as it looks, you need to spin it just right.

Why not use your hula hoop to skip or jump a mile?

Ready?
Hula,
hula,
hula!



Stroll like Amma and Charlie!

Whether you like to take your time like Amma, or ride in a pushchair like Charlie, there are lots of ways to take part in the **Childhood Day Mile!**



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