

# KINDNESS DAISY

Resource created in collaboration with



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Supporting your child's emotional growth




## Water the soil with acts of kindness to help the daisy grow.

Colour in the daisy, watering can and drops of water. In each drop of water, write something you can do to show your family and friends an act of kindness.

### For example:

- Saying please and thank you.
- Ask someone if they need help.
- Pick up some rubbish and put it in the bin.



# childline

ONLINE, ON THE PHONE, ANYTIME

If you ever need support you can call **0800 1111**, or visit **childline.org.uk/kids**

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