

KINDNESS DAISY

Resource created in collaboration with



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PARENT EDUCATOR | AUTHOR | SPEAKER

Supporting your child's emotional growth

Using the illustrations on the next page, water the soil with acts of kindness to help the daisy grow.

INSTRUCTIONS

1. Colour in the daisy, watering can and drops of water.
2. In each drop of water, write something you can do to show your family and friends an act of kindness.

For example:

- Saying please and thank you.
 - Ask someone if they need help.
 - Pick up some rubbish and put it in the bin.
 - Send a card to a relative.
 - Ask a friend to play with you.
 - Read a story with another child from your class.
 - Say thank you to a teacher.
 - Give someone a smile to encourage them.
3. Cut out everything. Glue the rainbow and daisy to the card or paper.
 4. Glue the handle, spout, and bottom of the watering can to the card or paper, but do not glue the top.
 5. Place the water droplets in the can. Then water the daisy and stick down each water drop (act of kindness) in the soil.



the

KINDNESS
challenge



childline

ONLINE, ON THE PHONE, ANYTIME



If you ever need support you can call
0800 1111, or visit **childline.org.uk**

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