

### **Childhood champions**

### School council pack



This pack is full of information about the important work of the NSPCC. And it lets you know how you can help by raising money.



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### What does the NSPCC do?

The NSPCC are a group of people from all over the country working together to help keep children safe.



### Did you know?

### 1 in 10 children in the UK have been neglected

#### Neglect is:

- When a child is not looked after properly by their parent or carer.
- When a child doesn't get enough food, drink or the right kind of clothing.
- When a child is left on their own for too long.



### Did you know?

### Childline delivered over 200,000 counselling sessions to children in 2020/2021

Childline is a service of the NSPCC, and children can get in touch whatever their worry.



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## How does the NSPCC help?

Speak out.

Stay Safe.

### Speak out. Stay safe.

Speak out. Stay safe. is an online safeguarding programme available to all primary schools in the UK and Channel Islands.

Important messages are shared in a fun, interactive way through assembly films and supporting resources – helping children to understand what abuse is and who they can turn to for help if they need it.

### NSPCC local services

Across the UK and Channel Islands, we help children to have happier lives.

We help children who've been abused, and support families in caring for their children. And we support communities to help prevent abuse from happening in the first place.



### The NSPCC Helpline

If an adult is worried that a child is in danger, they can call the NSPCC. We're here 365 days a year making sure children are kept safe.

### Lobbying government

This means we talk to the government and ask them to change laws to make our society safer for children.

We do this because we want all children to be safe and happy. With your support, together, we can help protect more children.



### Childline

If children or young people are worried, they can always talk to Childline, a service just for children where they can get support if they're scared or worried about anything.

Children and young people contact Childline for all sorts of reasons. Whatever the worry, Childline will listen carefully and trust whatever they are told. No problem is too big or small and they can get in touch every day of the year, at any time.



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### What children say about the NSPCC

**66** The NSPCC helps a lot of children to get a smile on their face.<sup>99</sup> **66** It helped us learn more about keeping safe and happy, and what to do when we need help. **99** 

Lucy, aged 11, Speak out. Stay safe. assembly

### 66

I really enjoyed it. I liked Buddy, he was cool, and all my friends enjoyed it too. BEST ASSEMBLY EVER!!!!!! **99** 

A child who watched a Speak out. Stay safe. assembly

# School council pack How you can help

### Helping children for 130 years

#### The NSPCC has changed a lot since it started, but our goal is still the same: to keep children happy and safe.

For over 130 years, children have helped other children by raising money for the NSPCC.

In the 1880s, as a teenager, Queen Mary sent donations to the NSPCC and encouraged her friends to support the NSPCC's work. Today thousands of generous children and adults help to raise money to help keep children safe.

### Schools fundraising for the NSPCC

Since 1981, we've invited thousands of schools and children to help us by taking part in one of our activities – really putting the 'fun' into fundraising!

Since the NSPCC started we have helped millions of children. Every pound raised helps us to keep being there for children – now, and in years to come.

Please help us to help more children.

#### Charity of the year

Choose the NSPCC as your school's charity of the year and raise money all year round to fund our vital services. You could decide on a fundraising target and hold events and fundraisers to try to meet this.





### School council pack **How raising** money can help

### £25

could pay for arts and crafts packs which children use during counselling sessions to explain how they're feeling.

### £500

could help our Schools Service teach children how to understand abuse and neglect.



### £50 could pay for a sand

tray and toys. Playing with sand can help a child feel calm and happy again.

### £1,600

could recruit and train a volunteer Childline counsellor. who will be here for children – whatever their worry.

# a place FOR ME

£150 could pay for us

to answer 30 calls from adults and parents who phone the NSPCC Helpline when they are worried about a child.

£2,500 could help our Schools Service empower

children to speak out if they are worried about



### £400

could pay for a Childline counsellor to answer 100 calls from children who need us.



### £4,000

could help a trained practitioner to support children recovering from abuse.





