NSPCC

You're doing something amazing for children

All the hours spent fundraising will help protect more children from abuse and neglect – thank you. Here is how your money makes a difference.

£4

could answer a child's call to Childline



offering them advice and support, whatever their worry.

£25

could pay for a **trained practitioner for an hour**



supporting parents and families in caring for children.

£50

could pay for toys and art materials which children use during



therapeutic sessions to explain how they're feeling.

£180

could pay for a **trained practitioner**



for one day, helping children get back on track following abuse.

£260

could cover the cost for our trained Childline counsellors



to speak to **65 children** who reach out for support.

£500

could pay to run the **NSPCC Helpline** for an average of **one hour**



providing **vital help and support** to adults concerned about a child's welfare.

£1,600

can pay to recruit, train and support a new **Childline volunteer**



who will **support young people** who have
nowhere else to turn.

£2,500

could help our **Schools Service** empower children



to speak out if **they're** worried about anything.

£3,750

could fund Childline to run for an average of **three hours**,



giving young people a voice when they have

when they have nowhere else to turn.

EVERY CHILDHOOD IS WORTH FIGHTING FOR