

NSPCC

look say sing play

**Playing, talking, and singing
with your baby everyday helps
them learn new things. Watch
our video for more information:**

Please scan QR code



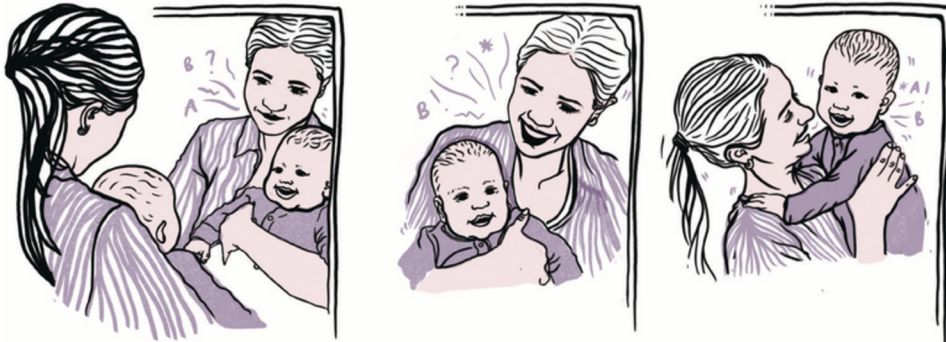
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vroom™

*Tips and other brain-building resources provided by the early-learning
experts at Vroom™, an initiative of the Bezos Family Foundation.*

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**These flashcards have been adapted
in collaboration with Project MAMA**



**Make a face in the mirror that
copies your baby's emotions.
"You're smiling and seem
happy, and I am smiling and
happy too."**

**When you copy your
child's emotions, they
learn to show what they
think and feel! Even if
they cannot talk yet.**



**Sing to your child. Place them
on your lap and move their
body with the song and the
words. How do they respond?
Do it again!**

**Dancing and singing is
fun!**

**This also helps your
baby learn new words.**



Sing or play music and dance with your baby. See if they can copy what you do with your feet. Can you copy what they do?

Your child learns to focus and listen while moving and having fun.

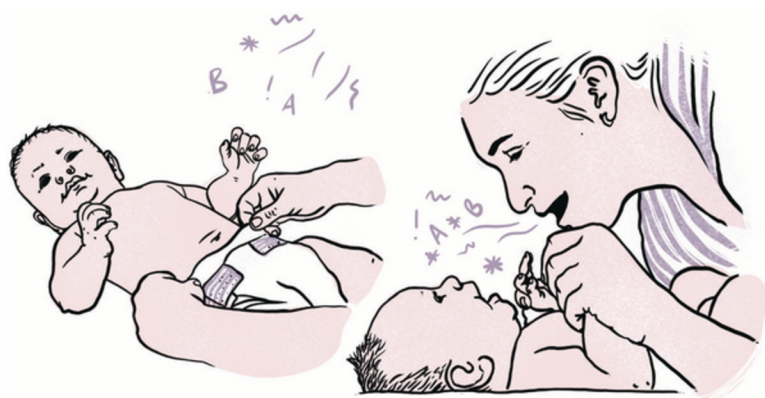


Lift them up and let them look around.

Talk with them about what they are seeing.

Your baby loves to see different things around them.

Babies learn when they feel safe and have fun with you!



Look at them and smile as you tell them about what you are doing, "Let's take off your nappy." If they make sounds, make the same sounds back.

When you listen to the sounds your baby makes and make the sounds back, you are teaching them how to talk. Keep going so you can talk together.



While singing with your child, watch what they are doing. Talk to them about it. "You're smiling and clapping!"

This helps your child learn the words for what they are doing.

Copying them makes them happy and helps them learn.



Look at what your child is looking at.

Can they point to it? Name it and talk about it together.

Pointing and naming helps your child learn new words.

You are showing them that they are important.



How do you use your body to talk? Shake your head and say 'no' Wave your hand and say 'hi' Does your baby do this too?

You are helping them learn words for what you and your baby are doing, like when you shake your head, they learn it means no.



Lie your baby on their back and hold a toy or blanket above them, encourage them to watch it and reach for it with their hands.

Your love and support helps them learn to focus.

They are learning skills to try and try again.



Point to the different face or body parts shown in the pictures and name them.

Point to and name the same parts on your bodies.

Looking at pictures together will help your child learn new words and what they mean. This will help them with reading and maths.



Ask your child 'can you stretch like me?' ask them to copy you.

Then copy what your child does.

When you and your child copy each other they are learning how to focus.



Use your hands in different ways when sing songs. Ask your child to copy what you do and say. Keep copying each other.

Your child learns by copying what you do.

They learn to focus and remember.



Let your child look inside your bag and find safe things to touch and hold. Ask them, 'What did you find? Does it make a sound?'

This helps your child learn how to talk.

It is okay to use words they do not know yet. That is how they learn.



Put a blanket on your child's toes. Ask them, "Where are your toes?" Then quickly take the blanket off and say, "There they are." Do it again!

Your child learns how to listen and reply.

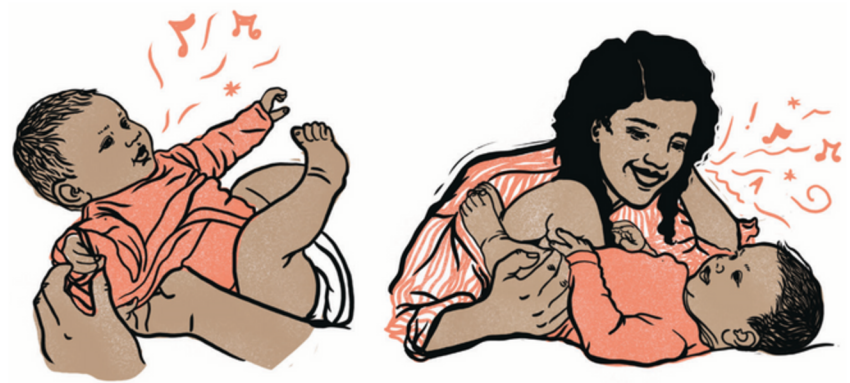
This helps them understand the link between words, actions and their body parts



Sing the same songs every day that explain what you are doing with your child. What else do you do daily that you could sing about?

Singing about what you do everyday with your child comforts them.

Children learn best when they feel safe.



Does your child make lots of sounds? This is a first step in learning to speak. Sing these sounds back like songs.

Even if your baby can't talk back yet, they are already trying to talk with with you.