

Together, we can stop child abuse and neglect – by working with people and communities to prevent it, transforming the online world to make it safer for children, and making sure every child has a place to turn for support when they need it.

We campaign for change. We work with schools to help children understand what abuse is and support them to speak out. Childline is here, whenever young people need us. And the NSPCC Helpline is ready to respond to adults with any worry about a child. We develop services in local communities to stop abuse before it starts and help children recover, so it doesn't shape their future.

And, above all, we work together – because everyone has a part to play in keeping children safe. Every pound you raise, every petition you sign, every minute of your time, will make a difference.

Together, we can change children's lives.

[nspcc.org.uk](https://www.nspcc.org.uk)

Making a difference

.....
Our work in the North East, Yorkshire and the Humber
Growing reach, impact and influence across the region



EVERY CHILDHOOD IS WORTH FIGHTING FOR

At the NSPCC, our mission is to protect and support children, young people, and families across the UK.



Our North East, Yorkshire and the Humber Hub is based in Leeds and from here we work across the region, collaborate with communities, schools and partners to make a real difference in the lives of children. We also have our Childline base in Leeds.

Our Commitment to the North East, Yorkshire and the Humber

Working with communities is the cornerstone of our approach. Our presence here in the North East, Yorkshire and the Humber allows us to connect with children, young people, families, schools, and community groups, driving impactful change both locally and nationally through our dedicated regional work.



Direct Services

We provide therapeutic services to help children move on from abuse, as well as supporting parents and families in caring for their children. We help professionals make the best decisions for children and young people, and support communities to help prevent abuse from happening in the first place.

Domestic Abuse Recovering Together (DART)

DART is a transformative group work programme that empowers children and mothers to recover after experiencing domestic abuse. Over a 10-week journey, children aged 7 to 14 and their mothers come together to explore their experiences, learn effective coping strategies, and rebuild the parent-child relationships that are essential for healing.

Find out more nspcc.org.uk/dart

Pregnancy in Mind (PiM)

At the NSPCC, we know how important a parent's own wellbeing is to their relationship with their baby. Our Pregnancy in Mind (PiM) service is an evidenced based groupwork programme that uses a range of approaches, including mindfulness, relaxation, and peer support, to improve the well-being of parents-to-be and strengthen the connection between them and their unborn baby.

Find out more nspcc.org.uk/pregnancyinmind



Letting the Future In (LTFI)

Through Letting the Future In, we support children and young people aged 4 to 17, to rebuild their lives after experiencing sexual abuse. Practitioners work with children in safe therapeutic spaces, undertaking creative work such as play, writing, storytelling and art to help them express themselves as well as talking.

Find out more nspcc.org.uk/lettingthefuturein

Make a referral

If you know a child or parent who could benefit from one of our direct services, don't hesitate to reach out to us. Our dedicated teams are ready to offer assistance and support. Please contact us via telephone on **01274 381440** to discuss any referrals to ensure it is the right service.

Schools Service

Our Schools Service is committed to engaging with the entire school community – children, teachers, and parents and carers – to create a safe and nurturing environment. Through empowering initiatives and open dialogue, we ensure that every child's voice is heard and valued.



Speak out Stay safe

Speak out Stay Safe is a safeguarding programme for children aged 5 to 11, which is available to all primary schools in the North East, Yorkshire and the Humber, as well as across the UK and Channel Islands. It helps children understand:

- abuse in all its forms and how to recognise the signs of abuse
- that abuse is never a child's fault, and they have the right to be safe
- where to get help and the sources of help available to them, including our Childline service.

Learn more and sign up nspcc.org.uk/soss

If you have any questions about our Schools Service, please contact schools@nspcc.org.uk

Talk Relationships

Talk Relationships supports secondary schools to confidently deliver inclusive relationships and sex education. We want all young people to understand healthy behaviours in relationships and recognise their right to be safe, heard and respected. So, we've created an eLearning course and free lesson plans to support secondary school teachers to feel confident when delivering relationships and sex education and responding to abusive behaviours.

Find out more nspcc.org.uk/talkrelationships

Building Connections

Building Connections is an online service for young people up to the age of 19 who are experiencing loneliness. Across 11 online sessions, young people work through a seven-step programme with a trained befriender, who guides and champions them each step of the way. Each Building Connections session gives young people tools that'll help them build their confidence and find a way through loneliness.

Find out more nspcc.org.uk/buildingconnections

Local Campaigns

Our Local Campaigns Team helps people, professionals, and organisations to keep children safe and deliver local campaigns based on the needs of the community. We develop initiatives designed specifically for local areas or we can adapt our national campaigns for local communities.

Look, Say, Sing, Play

Look, Say, Sing, Play offers a set of resources and brain-building tips to encourage interaction between parents and their babies. Parents and carers interact with their babies all the time without always realising how they are shaping the way their baby's brain develops. We have free resources for parents to use and for professionals to help promote Look, Say, Sing, Play to parents and carers, such as posters, flash cards and session plans.

Check them out nspcc.org.uk/lssp

Listen Up Speak Up

It's up to all of us to keep children safe. Any adult can take our free, 10-minute digital training to learn what to do if they're ever worried about a child or their family. Organisations can also book a free, 1-hour workshop, face-to-face or online, equipping them with the knowledge to step in if a child needs help, and guiding them to the right support if needed.

Find out more nspcc.org.uk/listenupspeakup

For more information about our local campaigns YHandNEcampaigns@nspcc.org.uk



Talk PANTS

Talk PANTS is a simple yet powerful conversation for parents and carers to help keep children safe from sexual abuse. We've produced a range of resources for both professionals and parents to use, including parent guides, and captivating teaching materials for schools. We've even created a PANTS song, brought to life by our friendly dinosaur, Pantosaurus.

Take a look nspcc.org.uk/pants-schools

Keeping Children Safe Online

Our Keeping Children Safe Online workshop gives parents and carers information about how to support their child in the online world.

Find out more nspcc.org.uk/onlinesafety

If you want a live delivery of the workshop to a group of parents, contact; parentworkshops@nspcc.org.uk

National Services



Child Protection in Sport Unit (CPSU)

The NSPCC's Child Protection in Sport Unit (CPSU) works with sports organisations, and parents and carers to help keep children safe in sport.

Find out more
nspcc.org.uk/cpsu

NSPCC Learning

For those working or volunteering with children, NSPCC Learning offers free resources, expert training, eLearning courses, face-to-face and virtual sessions. eLearning courses include child protection in schools, online safety, safer recruitment, and child protection in sport. Stay up-to-date with the latest child protection policies, practices, and research by signing up to one of our free newsletters or booking a training course.

Find out more
learning.nspcc.org.uk

The NSPCC Helpline 0808 800 5000

Our NSPCC Helpline is here for all kinds of situations you might face both at and outside of work – from seeking advice and support, to sharing concerns about a child. Or perhaps you just need a bit of reassurance. Whatever the reason, big or small, our child protection specialists can help.

Contact our Helpline or learn more
nspcc.org.uk/helpline

Childline 0800 11 11

Childline is a free and confidential service available 24/7 for children and young people. Whether it's through phone calls, emails, or 1-2-1 chats, our counsellors are here to listen, offer support, and provide helpful resources. Children can access a wealth of information and advice on the Childline website too. Here, they'll find message boards to share their thoughts and connect with other young people.

Find out more
childline.org.uk



Get in touch

Interested in visiting our North East, Yorkshire and the Humber hub or keen on joining forces as a regional partner? Contact our Hub Relationship Manager at neyhubdirectservices@nspcc.org.uk

North East, Yorkshire and the Humber Regional Hub (Leeds)

Call **01274 381 440**

Email **NEYHhubdirectservices@NSPCC.org.uk**

NSPCC

Suite 1-3, 5th Floor
St. John's Offices
Albion Street
Leeds
West Yorkshire
LS2 8LQ

Join us in protecting children across the North East, Yorkshire and the Humber

90% of NSPCC funding comes from our supporters. Across North East, Yorkshire and the Humber, we have lots of local fundraising committees. From bake sales to golf days, they organise a wide range of fundraising events to support our work. Individuals throughout the region can also take part in sponsored events, such as sky dives and marathons to support us too. If you're interested in helping raise funds or volunteering your time to protect children and prevent abuse please contact; fundraisingsupportteam@nspcc.org.uk

Contact us today to find out how you can be part of our mission to protect and support children, young people, and families. **Together, we can make a lasting difference in children's lives.**