

We do more for schools than you probably realise...

From **assemblies and workshops** for children and **teaching resources and lesson plans**, through to specialist e-learning **tools and training courses**, we're committed to providing a comprehensive service to help schools keep children safe.

Helping you meet your safeguarding responsibility

The programmes, resources, helplines and training that make up our Schools Service have been specifically designed to help you safeguard children in your school and are invaluable in helping your school meet its safeguarding inspection requirements. In particular we can help your school:

- * equip children to understand healthy and safe relationships and be encouraged to talk to a trusted adult if they are worried about abuse
- * develop a whole school approach to child protection so that all staff can spot signs and symptoms of abuse
- * provide training for staff to enable them to spot signs of child abuse and neglect as part of their initial and ongoing training.



This booklet is here to give you a summary of all of our work in schools so you can ensure yours is making the most of what is available.

We want to work with you and we want you to let us know how we can help you and the children in your school. Most of all, we want to work together so we can keep every child safe.

Together we can fight for every childhood.

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Helping your pupils to stay safe

Our Speak out.
Stay safe. programme
has been developed
so that a generation
of children have
the knowledge and
understanding they
need to stay safe. It's our
goal to visit every school
in the UK every two years
- and we'd love yours
to be next.

The Speak out. Stay safe. programme.

With the help of our mascot Buddy, *Speak out. Stay safe.* provides child-friendly, interactive assemblies and workshops delivered by specially trained staff and volunteers to help children:

- * understand abuse in all its forms and recognise the signs of abuse
- * know how to protect themselves from all forms of abuse and neglect
- * know how to get help, and the sources of help available to them, including our Childline service.

By the end of our visit they feel empowered – knowing how they can speak out and stay safe.



"NSPCC has helped me to build the confidence to tell people about my worries and problems."

Child who attended an assembly

"The delivery of the presentation and workshops was absolutely superb. The information given to the children perfectly supported the advice we would routinely give children in school."

Teacher, Scotland

Who is Speak out. Stay safe. for?

Children aged 4–11. They learn essential safeguarding information in a fun, interactive and memorable way through a 30–minute assembly, with an additional hourlong workshop for 9–11s. The programme teaches pupils what abuse is in all its forms and how they can keep themselves safe.

Additionally, if you'd like to support the NSPCC, we can also build fundraising activities into the programme which are not only exciting for your pupils but will also mean we can help keep even more children safe.

The Speak out. Stay safe. programme is available in Welsh, along with a full set of bilingual materials.

To find out more and to book your *Speak out*. *Stay safe*. sessions today visit **nspcc.org.uk/speakout**







Lesson resources and guides for teachers

These resources empower children to protect themselves from sexual abuse and educate them about how to stay safe online.



Talk PANTS

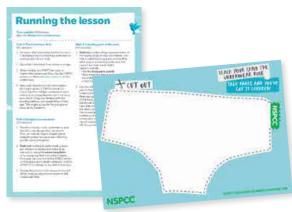
By talking PANTS we want to provide a simple way to help you – and parents – keep children safe from sexual abuse, without using scary words or even mentioning sex. The guide uses an acronym based on PANTS to teach children that their body belongs to them, and provides guidelines to explain to children that the parts of their body covered by their underwear are private, and that no one should ask to touch or look at them.

We've created free teaching resources for schools that are suitable for PSHE lessons (or PD&MU in Northern Ireland). These include a lesson plan, slide presentation, curriculum links and classroom activities to help you keep your pupils safe from sexual abuse.

To find out more about Talk PANTS and to access lesson resources visit **nspcc.org.uk/pants**









Share Aware

In partnership with O2 we provide Share Aware teaching materials for teachers to help their class stay safe online. The resources teach children to think about what they should and shouldn't share online and what they should do if they come across something that upsets them.

The lessons are based around two animations, 'I Saw Your Willy' and 'Lucy and the Boy', which are designed to prompt conversations between adults and children. We've also created a guide to being Share Aware for parents, which can be shared as a homework discussion.

A comprehensive set of teaching resources that are suitable for PSHE lessons (or PD&MU in Northern Ireland), including a slide presentation, lesson plans and activities are available to download from our website at

nspcc.org.uk/shareaware-schools



Let's keep kids safe online











"Both the PANTS and Share Aware resources will make a valuable contribution to high quality PSHE provision for primary-aged pupils.

PSHE practitioners will welcome such high quality materials on safeguarding from the NSPCC."

Karen Summers, PSHE Association Subject Specialist





Net Aware

From Instagram and Snapchat to ooVoo and Tumblr, Net Aware is a simple no-nonsense guide for parents and teachers from the NSPCC and O2 to guide you through social media, apps and games that young people use.

We worked with over 500 mums and dads and nearly 2,500 young people to review social networks and apps that children use. You can sign up to the Net Aware newsletter to receive updates on the newest sites and apps to be aware of at **net-aware.org.uk** or download our app.

Other resources

We frequently update our site with materials that can be used in schools, such as guides on bullying and exam stress, new lesson plans and information on issues such as reporting FGM and forced marriage.

Keep up to date by visiting our schools pages **nspcc.org.uk/schools**





Online training for schools

Child protection in schools

Introductory online safeguarding training for anyone working in schools or colleges. This CPD certified training course will give you and your staff a clear understanding of how to recognise, report and record concerns about a child's welfare.

"It's made me much more aware of safeguarding and child protection, and of the need to listen carefully to the content of the disclosure and the need for accurate and timely reporting."

Keeping children safe online

Developed in partnership with CEOP, this course will help you learn how children use the internet, social media and other digital technology, and how you can keep them safe from abuse.

"I now have more up-to-date knowledge of how children and young people use electronic devices and the potential inherent dangers. It means I'm able to speak and advise with some authority to young people if circumstances present themselves."

Safer recruitment in education

Developed in line with the Department for Education's 'Keeping children safe in education' guidance, this CPD certified course will help you better protect children when recruiting staff and volunteers.

"I thought the course was extremely detailed. I especially liked the interactive scenarios where I had to think about open questions in the interview process and how to extract more information from the candidate."

Face-to-face training

Introduction to child protection

A one-day introductory course that helps everyone to understand their safeguarding and child protection responsibilities, so that children are safe and protected when in your care. It will teach you how to recognise, report and record concerns about a child's welfare.

Designated and lead officer course

A two-day face-to-face training course for those with a lead safeguarding role in a school or college. Taught by experienced professionals, this course will provide a clear understanding of the designated safeguarding lead role and its main responsibilities.

Designated safeguarding lead officer refresher course

A one-day face-to-face refresher training course to update the designated safeguarding lead's safeguarding skills and knowledge.

Advanced and specialist courses

We offer a range of bespoke courses across the UK that will be tailored to your organisation's specific needs.

Training offered may differ between nations. To see our courses and prices visit **nspcc.org.uk/training**

Consultancy

We offer a consultancy service across the UK, providing tailored safeguarding and child protection support. Our expert consultants identify clear steps to help staff better protect children, and implement robust systems and processes to achieve your goals. We can produce the following to meet your organisation's needs:

- * reviews of your child protection systems
- * safeguarding audits
- * safeguarding advice and information
- * new or reviewed safeguarding policies and procedures
- * HR safeguarding
- * safer recruitment
- * learning and improvement reviews.

We can also offer bespoke packages combining consultancy with our child protection training or range of online training courses. For more information visit nspcc.org.uk/consultancy

Helping you put in place the most effective safeguarding procedures

Our Safeguarding in Education self-assessment tool, developed in partnership with TES, is a free online tool for schools in England to make sure the most effective safeguarding procedures are in place.

NSPCC Safeguarding in Education assessment tool

The Safeguarding in Education assessment tool is an invaluable resource that provides the most up-to-date advice to schools, that identifies areas for improvement and that ensures thorough processes are in place.

The tool enables you to audit your school's current safeguarding arrangements in line with the latest statutory and recommended safeguarding practices. It also supports you to identify areas for development and make any necessary changes.

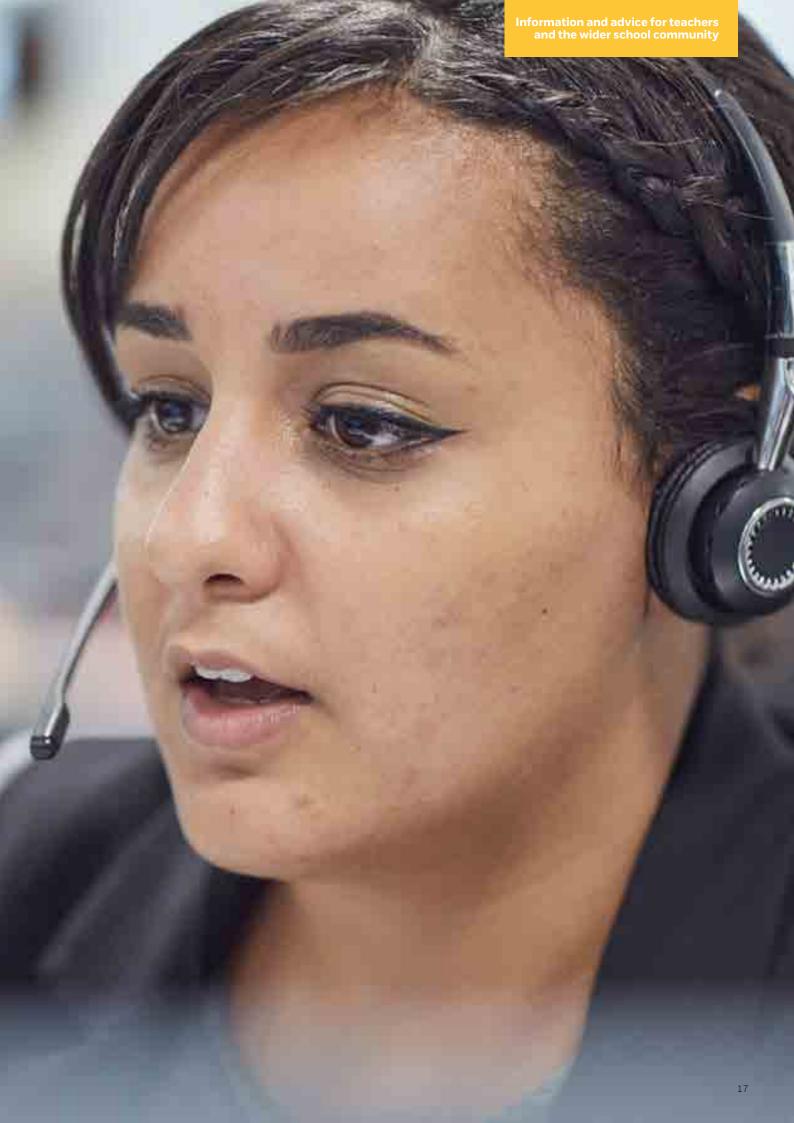
The tool should be completed by the school's designated safeguarding lead but as it's such a vital tool we recommend that different groups of school staff are also consulted.

You can register for the Safeguarding in Education self-assessment tool here **nspcc.org.uk/esat**

"I found each standard both helpful and useful.

The content and layout is very thorough with regards to child protection and safeguarding and the tool has focused me, enabling me to form specific questions in my role as governor."

Mel Mieuwenhuys, Parent governor, Dunraven



Need specific information? We can help answer your questions

Knowledge and Information Services

Our Knowledge and Information Services provide quick and easy access to the latest child protection research, policy and practice. We answer around two thousand enquiries every year, helping professionals find the information and resources they need to keep children safe.

Here are just some examples of topics teachers and other school staff have contacted us about:

prevention work? (Teacher)

Where would I find

resources to support

my school's bullying

information and

Do you have information about FGM and what to look for? (Teacher)

I need information on the incidence of the physical abuse of children with learning disabilities (Teacher)

Can you send me some resources to support welfare and pastoral care activities in my school? (Schools welfare officer)

How do I find information on the best approaches to teaching anatomy to my pupils? (Teacher)

We have online factsheets and briefings to provide you with essential information about safeguarding and working with children. These include 'Briefing on updated statutory guidance for schools' and 'What can schools do to protect children and young people from sexual exploitation?'.

We also hold the UK's largest collection of child protection resources in our library and you can search our catalogue online. Visit **nspcc.org.uk/infoservice** to find out more.

If you can't find the answers you're looking for, contact our information specialists at **help@nspcc.org.uk** or call **0808 800 5000**. We can create tailored reading lists, find specific statistics, recommend resources and carry out complex literature searches, all for free.



CASPAR – our weekly email on child protection news

CASPAR (Current Awareness Service for Policy, Practice and Research) is our free weekly email alert to keep you up to date with the latest safeguarding and child protection news. Sign up at

nspcc.org.uk/caspar

Website - online briefings and factsheets

We're always updating our website to give you the very latest resources, advice and practice. With information on topics ranging from online safety to forced marriage, you can find details of all the ways we can support you in your role, as well as up-to-date guidance to help you protect children from abuse and neglect at nspcc.org.uk/safeguarding

We also have a range of resources on the TES website, including downloadable posters, assembly plans and safeguarding guides. You can access this information at **tes.com/member/NSPCC**

Twitter feed - NSPCCpro

@NSPCCpro is our Twitter feed for professionals, containing the latest news in child protection from a wide range of sources in the UK and beyond.

Safeguarding in education update

Our monthly email tailored specifically for anyone working in schools or education.

nspcc.org.uk/educationupdate

Resources for the wider school community

We work with the wider school community and networks, including extracurricular clubs and sports societies.



Child Protection in Sport Unit

The Child Protection in Sport Unit (CPSU) is a partnership between the NSPCC, Sport England, Sport Northern Ireland and Sport Wales. In Scotland there is a similar partnership between Children 1st and **sport**scotland.

The CPSU's role is to build the capacity of sports to safeguard children and young people in, and also through, sporting activities. They can provide advice and expert knowledge to sports organisations, support with the development of safeguarding policies, procedures and programmes, and offer resources. They also offer a CPSU newsletter to share good practice and to keep sporting organisations up-to-date with policy and legislation.

The CPSU also offers the Primary School Check and Challenge tool, a checklist to help ensure that schools and sports bodies that provide coaching for schools can put in place an effective agreement about safeguarding arrangements.

You can find more detailed information at **thecpsu.org.uk** and **sportscotland.org.uk** or follow **@TheCPSU** on Twitter.





Worried about a child? Speak to one of our practitioners

The NSPCC helpline

If you are worried about a child the NSPCC helpline is here for you.

0808 800 5000 help@nspcc.org.uk Text 88858 in the UK* nspcc.org.uk/helpline



While professionals should follow their local policies and procedures, we recognise that if you're working with and supporting children and families, in some circumstances you might need to talk through concerns with a specialist outside of your organisation.

All calls can be made anonymously, our helpline is open 24/7 and is staffed by trained child protection professionals including teachers, social workers and health professionals who are there to help with any query or worry you may have.



"Through being equipped to spot the signs, knowing how to take action or by simply picking up the phone to our helpline for advice, we can all have a huge impact on improving a child's life."

Peter Watt, Director of National Services at the NSPCC

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If one of your pupils has a worry, they can always call Childline

Whatever their worry, Childline is always here to listen to and help children.



ONLINE, ON THE PHONE, ANYTIME childline.org.uk | 0800 1111

Childline is here to listen to children who are not being heard. It's the UK's free 24 hour helpline and online service for children. It means whatever their worry, wherever they are, children and young people can come to Childline for help, advice and support.

The service launched in 1986 and, in those 30 years, it has directly helped more than 4 million children and young people.

The UK's only free, confidential service, available 24/7 to support children, no matter what their worry.

Our trained volunteer counsellors offer help, advice and support on a range of issues both on the phone and increasingly by online chat. Calls are free and confidential. That means what children say to Childline, stays with Childline. The only time we'd ever share what a child has said is if a child is in immediate danger – the counsellor will then let the caller know if they have to break confidentiality to get the child or young person the help they need.

Childline is available 24/7 on 0800 1111 and at childline.org.uk



Getting help online

The Childline website is full of tips and information about a wide range of issues that affect children and young people. For teachers, it provides valuable insights into the worries that children face.

However please be aware that there are many sensitive topics featured, such as self-harm and suicide, so we don't recommend it for primary school children. We instead encourage them to speak to a trusted adult or to phone Childline and talk to someone directly.

To download or order Childline posters for your school please visit **nspcc.org.uk/posters**





"When we first met all our hope had gone, now we can see how much our daughter has grown in strength and confidence. I can now imagine that she will flourish and be happy like any other child. The work you have done has brought our daughter back to us."

Parent, speaking about our Letting the Future In service*

*Identifying features have been changed to protect identity

Our service centres work directly with children and families on a range of issues – from protecting children from sexual abuse, through to helping families who misuse drugs and alcohol and providing social workers with the tools they need to tackle neglect.

That means we're in communities that need us most, helping children and families. That could be children who you teach. Children who need as stable a foundation as possible to achieve the most they can in school.

Our services for children and families include:

- * support for vulnerable mums and dads to help improve their parenting skills preventing abuse and neglect, and reducing the risk of abuse happening again
- * therapy and protection to help children overcome sexual abuse and exploitation, or to change their behaviour if it puts them or another young person at risk
- * work with other professionals to test assessment tools, which help social workers make decisions about how best to protect children from harm.

The services available vary from place to place. To see the full range and find out what's available in your area visit **nspcc.org.uk/services**

If you're ever concerned for a child, or feel they're in danger you can visit **nspcc.org.uk/helpline** or phone our helpline on **0808 800 5000** where a trained practitioner will be able to provide expert advice. *Please see page 22 for more details*.



How to help parents keep their children safe

We know that parents often turn to schools for advice and support. We're here to help you support parents in keeping their children safe.





Resources and information for parents

We offer a range of resources which you could signpost parents to including:

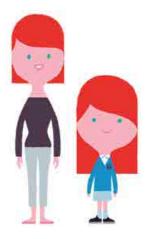
Talk PANTS

By asking parents to talk PANTS we're giving them a simple way to help them keep their children safe from sexual abuse without using scary words or even mentioning sex. It makes what can be difficult conversations easier. We also offer guides for parents of children with learning difficulties, with autism and in different languages, as well as a video that explains how to talk PANTS for deaf children using British Sign Language and subtitles. It's also available in Welsh.

Parents can visit **nspcc.org.uk/pants** for downloadable guides to help adults and children talk PANTS - and they'll also find a song and game that will help children remember this important message.

Turn to page 8 to find out about our Talk PANTS teaching resources.





Share Aware

Share Aware, our online safety campaign, is a great resource to help parents keep their children safe on social networks, apps and games. The two animations, 'I Saw Your Willy' and 'Lucy and the Boy' encourage parents to have conversations with their children about online safety. The website also includes a guide to the Share Aware materials and information about children's online behaviour. The parent guide is also available in Welsh.



Visit nspcc.org.uk/shareaware

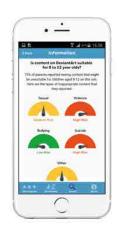
Turn to page 10 to find out about our Share Aware teaching resources.

Net Aware

Net Aware is an online tool that informs parents about the social networks, apps and games that children might be using. We looked at the frequency of inappropriate content, how robust and easy to find the privacy settings are, and why children like using the sites. We regularly update Net Aware with new apps, and parents can sign up to Net Aware newsletters to keep up with digital trends. For more information visit **net-aware.org.uk**

Turn to page 12 to find out more about how Net Aware can help you in your role.





Need-to-know guides

We have created a series of guides for parents and carers covering a range of issues, including leaving children home alone, holding babies safely, and spotting signs of abuse and neglect.

They are downloadable, free of charge, from **nspcc.org.uk/leaflets**

The guides are also available in Welsh.



NSPCC helpline

Parents and carers can contact the NSPCC helpline whenever they're worried about a child by calling **0808 800 5000**, emailing **help@nspcc.org.uk**, texting **88858*** or contacting us online at **nspcc.org.uk/helpline**. The helpline is free, available 24/7 and calls can be made anonymously.

Online Safety Helpline

We've joined forces with O2 to provide adults with the skills and tools to help keep children safe online. This helpline provides practical, technical advice including parental controls on electronic devices, adjusting privacy settings, understanding social networks, and information about online gaming.

Call the Online Safety Helpline on **0808 800 5002**



^{*}This service is free and we'll try to text you back within three hours. Text 07786 200001 from the Channel Islands or the Isle of Man (these texts will be charged).



Supporting our work

By getting your pupils involved in our exciting fundraising events your school can raise money to help us be there to keep even more children safe.

As a charity, around 90 per cent of our funding comes from our generous supporters which means we really do rely on fundraising to provide our vital work. That's why we'd love your school to join us and help us reach even more children who need us.

How you can fundraise for us

As a school you have the option to create your own fundraising event or include fundraising as part of your *Speak out. Stay safe.* visit with the help of our friendly mascot Buddy. And we're here to make it as straightforward as possible: our staff and volunteers will provide the advice, support and all the materials and resources needed to help make your event a success.

No matter what activity you choose to do, every pound your pupils help to raise will mean we can reach even more children who desperately need us.

Visit nspcc.org.uk/school-fundraising









Working with others

The NSPCC is part of a UK-wide network of professionals, organisations and charities working to protect children and prevent abuse and neglect. Other organisations that may be able to offer support include:



Forward

FORWARD (Foundation for Women's Health Research and Development) is committed to gender equality and safeguarding the rights of African girls and women. Their focus is on female genital mutilation (FGM), child marriage and obstetric fistula.

forwarduk.org.uk



Anti-Bullying Alliance

The Anti-Bullying Alliance is an England-based coalition of organisations and individuals working together to stop bullying and create safe environments in which children and young people can live, grow, play and learn.

anti-bullyingalliance.org.uk



Karma Nirvana

Karma Nirvana is a UK registered charity that supports victims and survivors of Forced Marriage and Honour Based Abuse.

karmanirvana.org.uk



ATL's Safer Schools

ATL's Safer Schools network brings together the expertise of leading organisations, practitioners and academics to signpost education professionals, young people and parents to resources, debate and support.

saferschools.org.uk



The Lucy Faithfull **Foundation**

The Lucy Faithfull Foundation (LFF) is the only UK-wide child protection charity dedicated solely to reducing the risk of children being sexually abused.

lucyfaithfull.org.uk



Parenting

Parenting NI

Parenting NI offer support for parents, particularly for prevention and early intervention, through a helpline, counselling service and educative workshops.

parentingni.org



CEOP

The NCA's CEOP command (formerly the Child Exploitation and Online Protection Centre) works with child protection partners across the UK and overseas to identify the main threats to children and coordinates activity against these threats to bring offenders to account.

ceop.police.uk



PSHE Association

The PSHE Association (formally the PSHE Subject Association) supports PSHE practitioners in England and Wales across all phases to raise the quality of PSHE teaching and raise its status in the curriculum.

pshe-association.org.uk



respect*me*

respect*me*, funded by the Scottish government, works with adults in Scotland to give them the practical skills and confidence to deal with children who are bullied and those who bully others.

respectme.org.uk



Sex Education Forum

The Sex Education Forum is a membership organisation and works together with its members and other stakeholders to achieve quality sex and relationships education (SRE). Their resources for schools include a curriculum design tool, which helps you map SRE for each age group.

sexeducationforum.org.uk



Stonewall

Stonewall are here to let all lesbian, gay, bi and trans people, here and abroad, know they're not alone. They partner with organisations that help create real change for the better. (Not available in Northern Ireland.)

stonewall.org.uk



TES

TES is the world's largest online network of teachers. It's home to more than 780,000 individually crafted teaching resources developed by teachers for teachers and helps to guide, inform and inspire educators around the world.

tes.com/uk



UK Safer Internet

UK Safer Internet is coordinated by a partnership of three leading organisations; Childnet International, the South West Grid for Learning and the Internet Watch Foundation. The centre has three main functions: an awareness centre, a helpline and a hotline.

saferinternet.org.uk



Victim Support

Victim Support is the independent charity for victims of crime.

victimsupport.org.uk victimsupportsco.org.uk victimsupportni.org.uk



Women's Aid

Women's Aid is the national charity working to end domestic abuse against women and children. They provide more than 300 local services to women and children across the country.

womensaid.org.uk womensaidni.org



YoungMinds

YoungMinds is the UK's leading charity committed to improving the emotional wellbeing and mental health of children and young people.

youngminds.org.uk



HERE FOR EVERY CHILD - AND HERE FOR EVERY SCHOOL

As the UK's leading child protection charity we're committed to making sure we're there to help schools around the country keep their pupils safe.

This brochure is here to give you a summary of all of our work in schools so you can ensure yours is making the most of what is available.

Together we can fight for every childhood. **nspcc.org.uk/schools**

