



Pupil activity resources

We've put together three activity ideas to support your lessons about the Underwear Rule.

Task 1: Making pants

- Print out enough copies of the pants template for pupils to cut out and decorate.
- Each pupil can pick a letter to put on the pants, so that together they spell out a message.
- You could use these to put together a display of the Underwear Rule message.
- They can also be used, if printed to the right size on A4, to cover the pants area of the body in **task two**.

Task 2: Body puzzle

There are a few different options for this exercise – including drawing a rough body on a piece of paper, doing the same on a whiteboard, or creating the shape in advance, ready for labelling.

Another option is to create a **body parts puzzle**, where pupils piece together the human body from a range of body parts.

Whichever approach you choose, pupils can then add a pair of pants (using the pants template from Task 1) – making it clear which areas are private and reinforcing that part of the lesson.

Body parts should include those that are not covered by the Underwear Rule. You can then mention the penis and vagina, as outlined in the lesson plan.

The aim of the activity is to learn which parts of the body should remain private – not simply to learn how to label body parts.

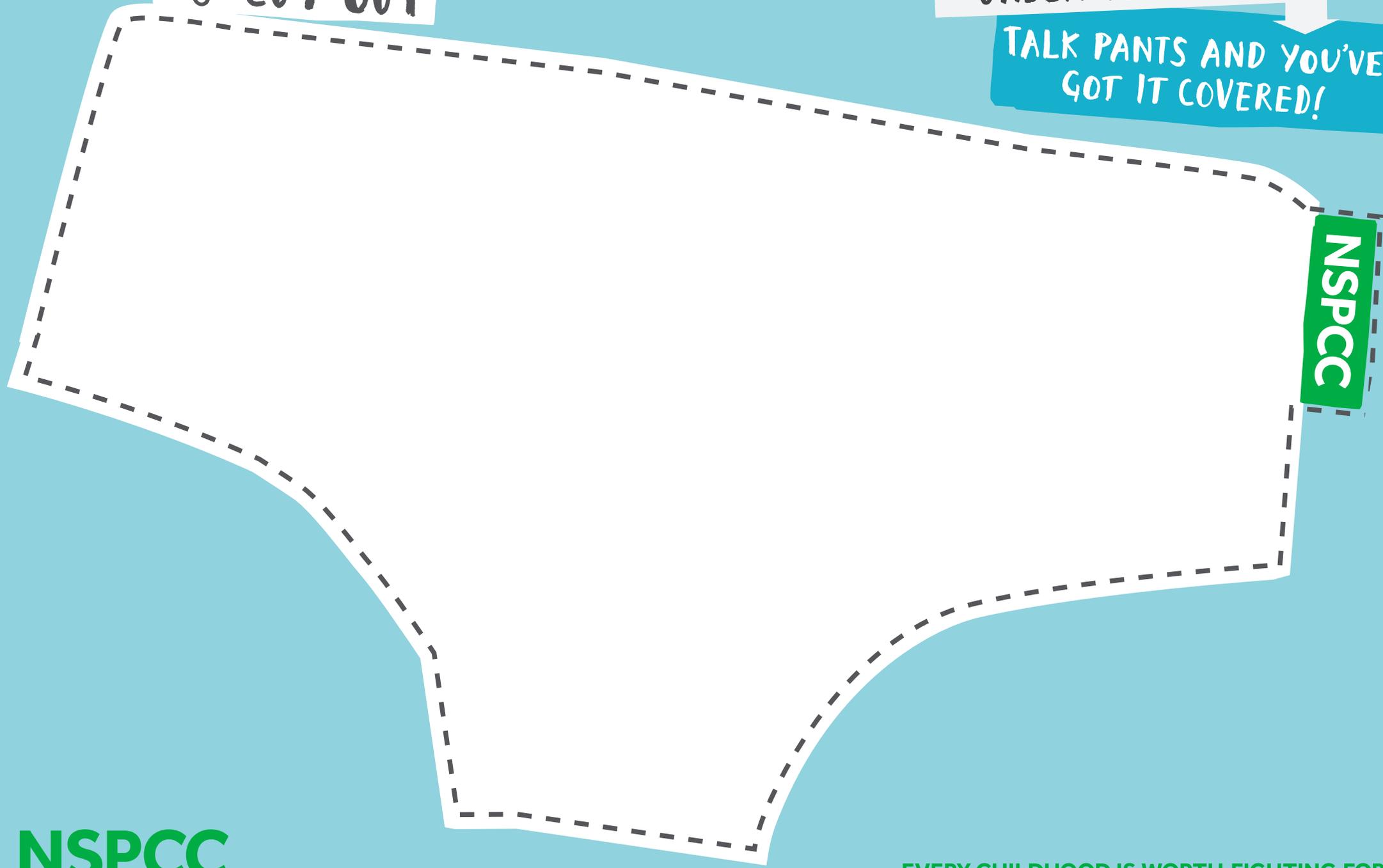
Plenary: PANTS fill in the gaps

This exercise can help to cement learning, but would only be suitable for older or higher ability pupils.

 CUT OUT

TEACH YOUR CHILD THE UNDERWEAR RULE

TALK PANTS AND YOU'VE GOT IT COVERED!

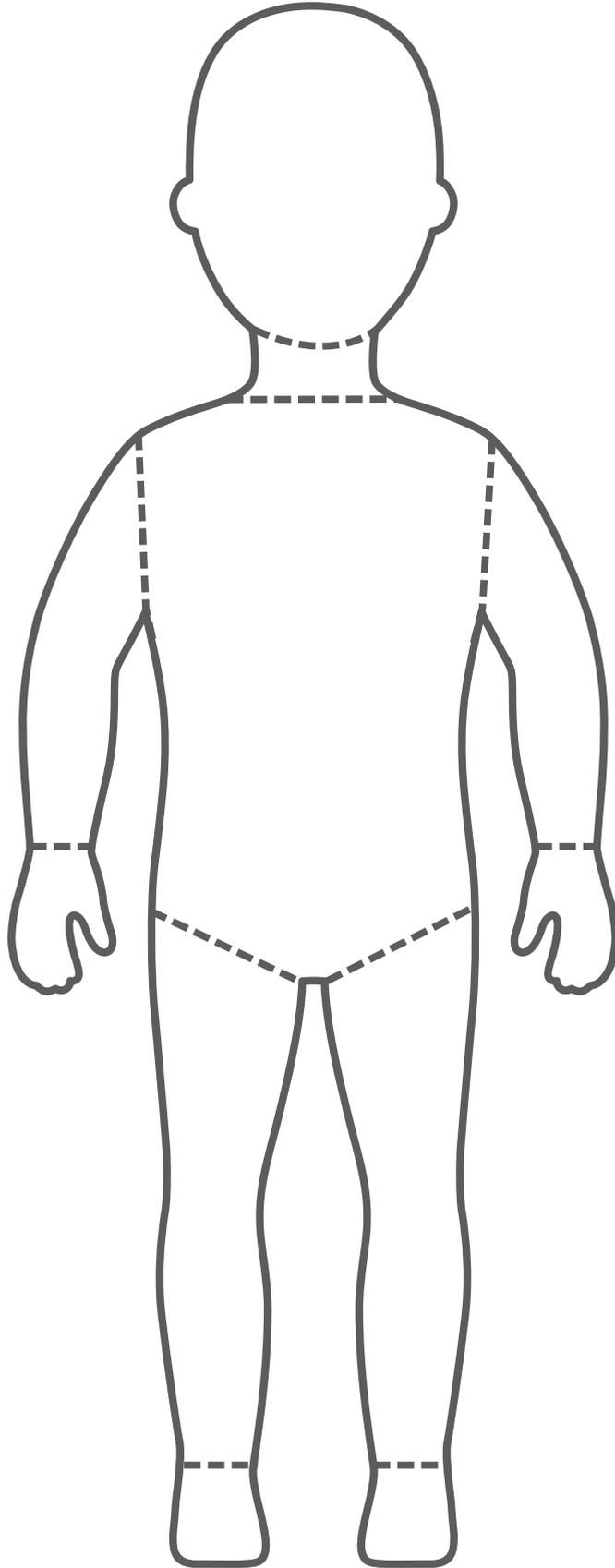


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EVERY CHILDHOOD IS WORTH FIGHTING FOR

Body parts puzzle



Can you complete the PANTS rule?

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