

NSPCC

Add your name to your Childhood Day Mile bib, then cut it out using the guidelines provided.

Get started by snapping a selfie of you with it and sharing this on social media, to help you get your first donations.

On the day of your Childhood Day Mile, use safety pins to attach your bib to your top or coat to let everyone know what you're doing. We've included some circle guidelines to help you do this.

Need more bibs for your group? Just photocopy this sheet!

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