

Shadow puppets

The Yoga Zoo Challenge

Discuss the story and encourage creativity with our simple shadow puppet activity.

Guidance for nursery teachers

Creating the puppets:

- Shine a torch against the wall.
- Model for the children how to make the animal shapes with their hands.
- Take turns making the shadow shapes in front of the torch.

What you need:

- Our Yoga Zoo shadow puppet flashcards.
- Your hands.
- A torch.

