

Kindness Detectives

Learning focus: We are learning what kindness looks like

Activity:

- Read through the different scenarios
- Talk through the different feelings
- Tick how the child feels in the scenario
- Write how you would help them feel better
- Draw a picture of what you would do

Resources:

- Talk partners
- Pen/Pencil
- Colours



You could ask:

What made you feel better?

Have you felt like this?

How would you help?

Amira is standing by herself at playtime. The other children are playing together, but no one has asked her to join in.

How might they feel?

- ☐ Happy
- ☐ Lonely
- ☐ Excited
- ☐ Embarrassed
- ☐ Nervous

How could you help?

Can you draw this?

Today is Ben's first day at school. He doesn't know anyone yet and isn't sure where to go.

How might they feel?

- ☐ Happy
- ☐ Lonely
- ☐ Excited
- ☐ Embarrassed
- ☐ Nervous

How could you help?

Can you draw this?

Ella can't find her homework. She looks worried because she wanted to bring it to school.

How might they feel?

- ☐ Happy
- ☐ Lonely
- ☐ Excited
- ☐ Embarrassed
- ☐ Nervous

How could you help?

Can you draw this?

During class, Sam gets an answer wrong. Some children laugh, and Sam feels upset.

How might they feel?

- ☐ Happy
- ☐ Lonely
- ☐ Excited
- ☐ Embarrassed
- ☐ Nervous

How could you help?

Can you draw this?

The class is choosing teams for a game. Leo is picked last and feels left out.

How might they feel?

- ☐ Happy
- ☐ Lonely
- ☐ Excited
- ☐ Embarrassed
- ☐ Nervous

How could you help?

Can you draw this?

Mia has a class quiz today. She feels nervous because she isn't sure if she knows all the answers.

How might they feel?

- ☐ Happy
- ☐ Lonely
- ☐ Excited
- ☐ Embarrassed
- ☐ Nervous

How could you help?

Can you draw this?