

The Kindness Challenge 2026 Pack



Need more support? Contact us:
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Introduction

This pack contains various resources from [Purple Mash](#) that can be used in school for [The Kindness Challenge](#): a week dedicated to nurturing kindness in your school community while raising money for Childline. The resources can be used in any classroom to promote kindness in school. In this pack, there are printable resources to be used in class as well as links to all online resources.

Why is being kind important?

Being kind in schools is vital because it creates a positive learning environment, reduces bullying, strengthens student relationships, and promotes emotional well-being.

What is the Kindness Challenge?

[NSPCC](#) is hosting the Kindness Challenge in the first week of October 2026. A week dedicated to nurturing kindness in your school community while raising money for Childline.

Whether you're playing a game with a new friend or helping someone with homework, it all helps create a better world. Kickstart kindness in your school this October, and watch it spread throughout the year.



Embed computing and digital skills across your whole curriculum with award winning teaching and learning software for KS1 and KS2.

Whether it's inspiring your writers, extending your coders or boosting the creativity in your children, Purple Mash has everything you need to deliver a unique Edtech experience which is simple to use and loved by all.

[Find out more](#)

NSPCC

NSPCC is the UK's leading children's charity. They have been looking out for children for 140 years.

[Find out more](#)

Contents

Purple Mash Resources

(resources are also available online to try for free).

Kindness T-Shirt Activity	4
Mindfulness Postcard Activity	5
How to be Kind Poster Activity	6
Kindness Poem Activity	9
Wordsearch Answers	11
Crossword Answers	13
	14



Purple Mash resources

We have created 10 online resources in Purple Mash for pupils to use for the Kindness Challenge. Some resources can be printed, these are included in this pack. The resources include writing tasks, games and quizzes on kindness.

Click on each icon to access the resource in Purple Mash.

Kindness Quiz



Complete this quiz and put your kindness knowledge to the test!

Mindfulness Postcards



Be creative with a mindfulness postcard for Kindness Day 2026.

Kindness T-Shirt



Design a Kindness T-Shirt to promote Kindness Day 2026.

Kindness Poem



Write a poem exploring the choice of choosing to be kind. Use this template to help you.

What Makes a Good Friend?



Write about friendships and the qualities of a good friend.

2DIY3D Game

#bekind



Do you know what makes a good friend? Find the qualities that show kindness within the maze and watch out for those unkind faces!

My Kindness Superhero



Tell us all about your Kindness Superhero!

How To Be Kind Poster



What advice can you give to others to encourage them to be kind?

Kindness Word Search



Test your word finding skill with this kindness word search.

Kindness Crossword



Test your kindness knowledge with this kindness crossword!

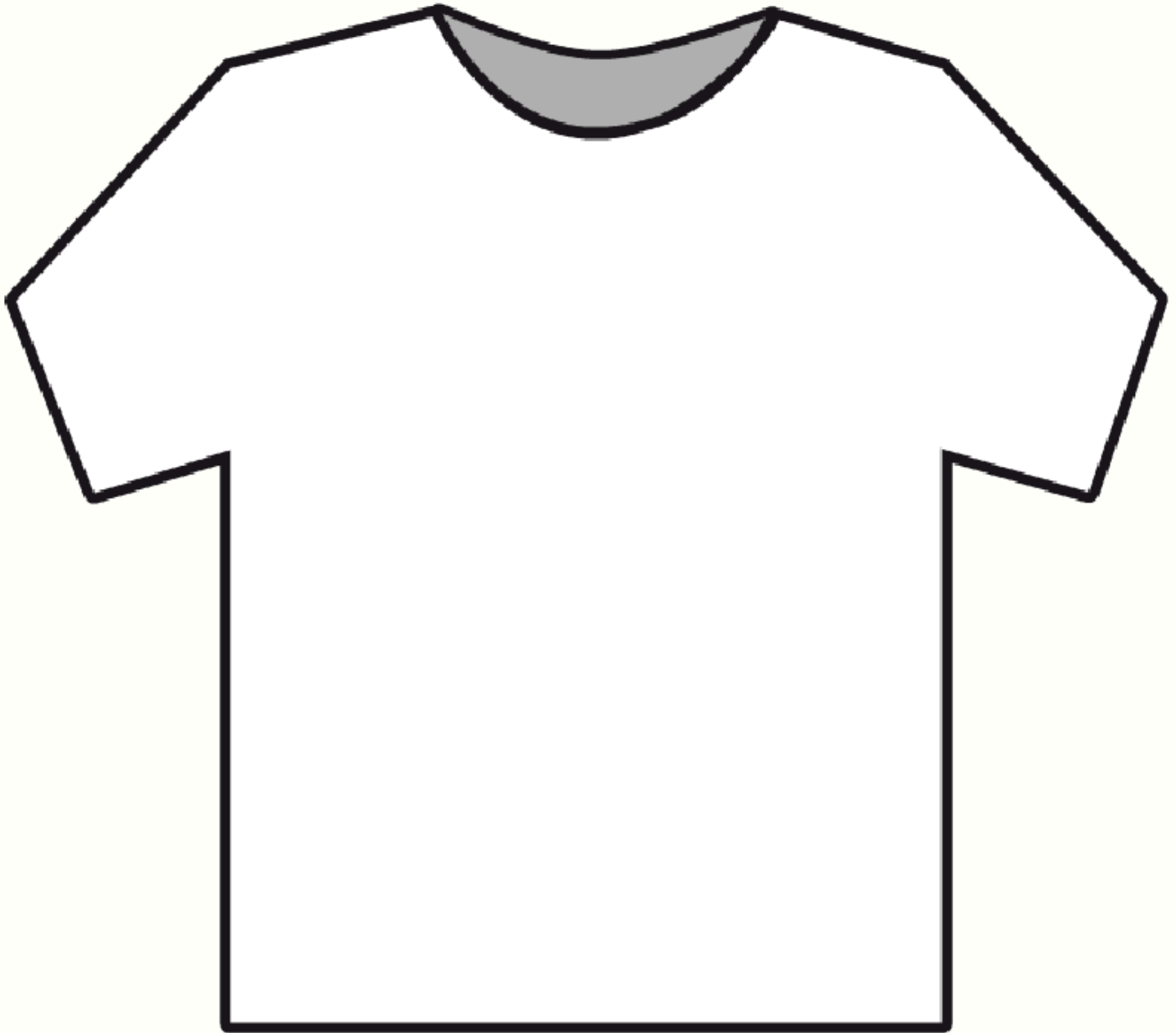
Word Search & Crossword Answers



Answers for the wordsearch and crossword related to the Kindness Challenge 2026

Kindness T-Shirt Activity

Design a T-Shirt to promote The Kindness Challenge 2026.



the
KINDNESS
challenge

childline
ONLINE, ON THE PHONE, ANYTIME

If you ever need support you can call
0800 1111, or visit childline.org.uk/kids

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England and Wales 216401. Scotland SCO37717 and Jersey 384. J20240074

A blue banner at the bottom of the page. On the left, there is a red heart with the text 'the KINDNESS challenge' inside it, and two hands reaching up towards the heart. On the right, there is a QR code with an arrow pointing to it, and the text 'childline ONLINE, ON THE PHONE, ANYTIME'. Below the QR code, there is a yellow box with the text 'If you ever need support you can call 0800 1111, or visit childline.org.uk/kids'. At the very bottom of the banner, there is small text: 'Childline is a service provided by the NSPCC. ©NSPCC2024. Registered charity England and Wales 216401. Scotland SCO37717 and Jersey 384. J20240074'.

Mindfulness Postcard Activity

Be creative with a mindfulness postcard for The Kindness Challenge 2026.

Back

The form is a large rectangle with a solid black border. Inside, there are four dashed-line boxes for drawing. Three are on the left side, stacked vertically. One is on the right side, positioned to the right of the middle-left box. In the top right corner of the frame, there is a circular stamp tilted slightly. The stamp has the word 'POSTED' at the top, 'FROM' at the bottom, and '2simple' in the center.

the
KINDNESS
challenge

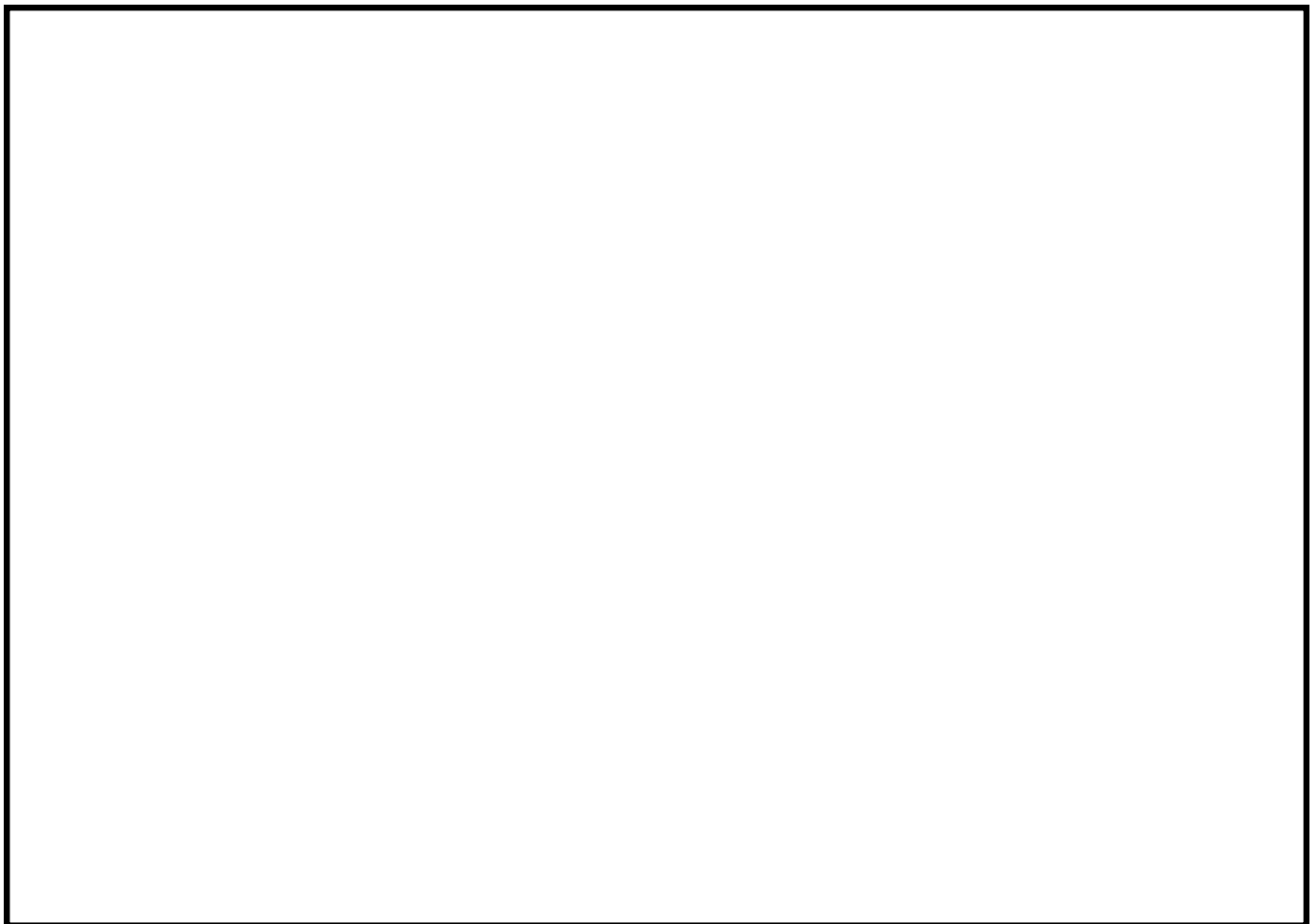
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Mindfulness Postcard Activity

Front



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A blue banner for Childline. On the left, a red heart contains the text 'the KINDNESS challenge' with two hands below it. In the center is a QR code. On the right, the text 'childline' is in large white letters, followed by 'ONLINE, ON THE PHONE, ANYTIME'. Below this is a yellow box with the text 'If you ever need support you can call 0800 1111, or visit childline.org.uk/kids'. At the bottom, small white text provides registration details for the NSPCC.

How to be Kind Poster Activity

What advice can you give to others to encourage them to be kind?

How to be Kind				

the **KINDNESS** challenge



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Kindness Poem Activity

Write a poem exploring the choice of choosing to be kind. Use this template to help you.

My Kindness Poem

My title here:

Written by:

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NSPCC Kindness Day 2026 - Wordsearch

F	F	S	U	U	L	V	O	L	H	R	N	A	T
T	R	U	F	H	T	R	U	S	T	F	U	L	R
T	I	P	M	L	P	L	E	H	Y	O	R	M	A
H	E	E	A	O	Y	H	T	A	P	M	E	E	N
F	N	R	T	V	V	T	R	K	A	O	A	T	H
H	D	H	T	E	U	L	K	P	N	N	R	O	S
O	R	E	R	E	F	Y	L	E	S	T	E	F	O
N	E	R	N	D	R	V	Y	N	S	L	I	L	H
E	T	O	I	A	A	H	R	P	E	N	P	V	L
S	O	L	R	L	A	R	F	F	N	Y	R	I	L
T	L	H	A	Y	D	P	I	E	D	E	I	T	E
I	I	H	L	Y	E	E	L	E	N	L	A	P	S
H	E	T	L	V	O	P	L	O	I	N	F	T	P
E	L	I	T	N	N	L	L	O	K	Y	Y	N	L

- | | | |
|----------|-----------|---------|
| help | superhero | empathy |
| honest | kindness | love |
| trustful | friend | |
| fair | loyal | |

the



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NSPCC Kindness Day 2026 - Wordsearch Answers



- | | | |
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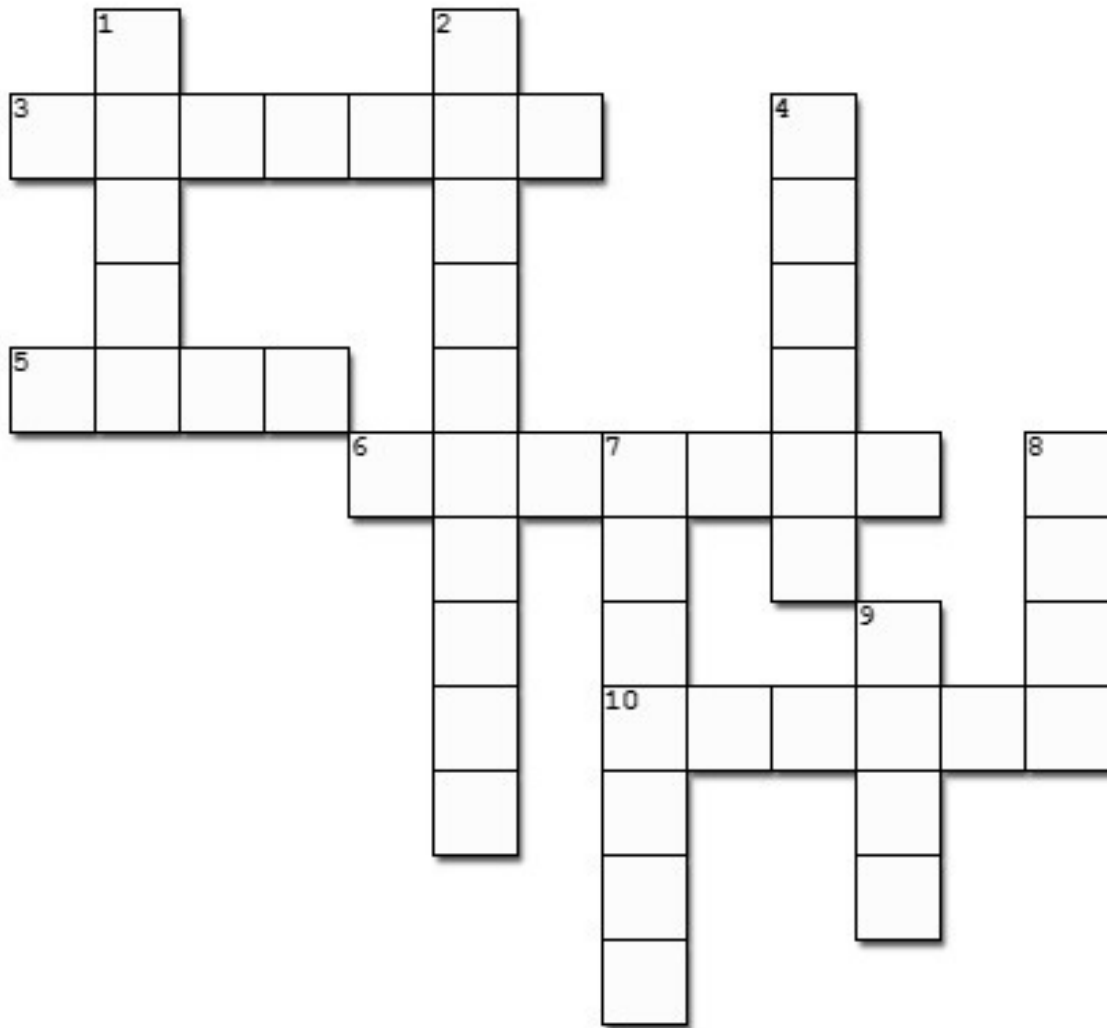
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NSPCC Kindness Day 2026 - Crossword



Across

- 3. understanding and sharing the feelings of others
- 5. to lend a hand to someone who is in need
- 6. dividing something you have with others
- 10. using good manners when talking to people

Down

- 1. something you might do to show happiness and friendliness
- 2. showing consideration for the needs of other people
- 4. showing concern and kindness for others well-being
- 7. treating others the way you want to be treated
- 8. being pleasant and kind to others
- 9. being friendly, helpful and caring towards others.

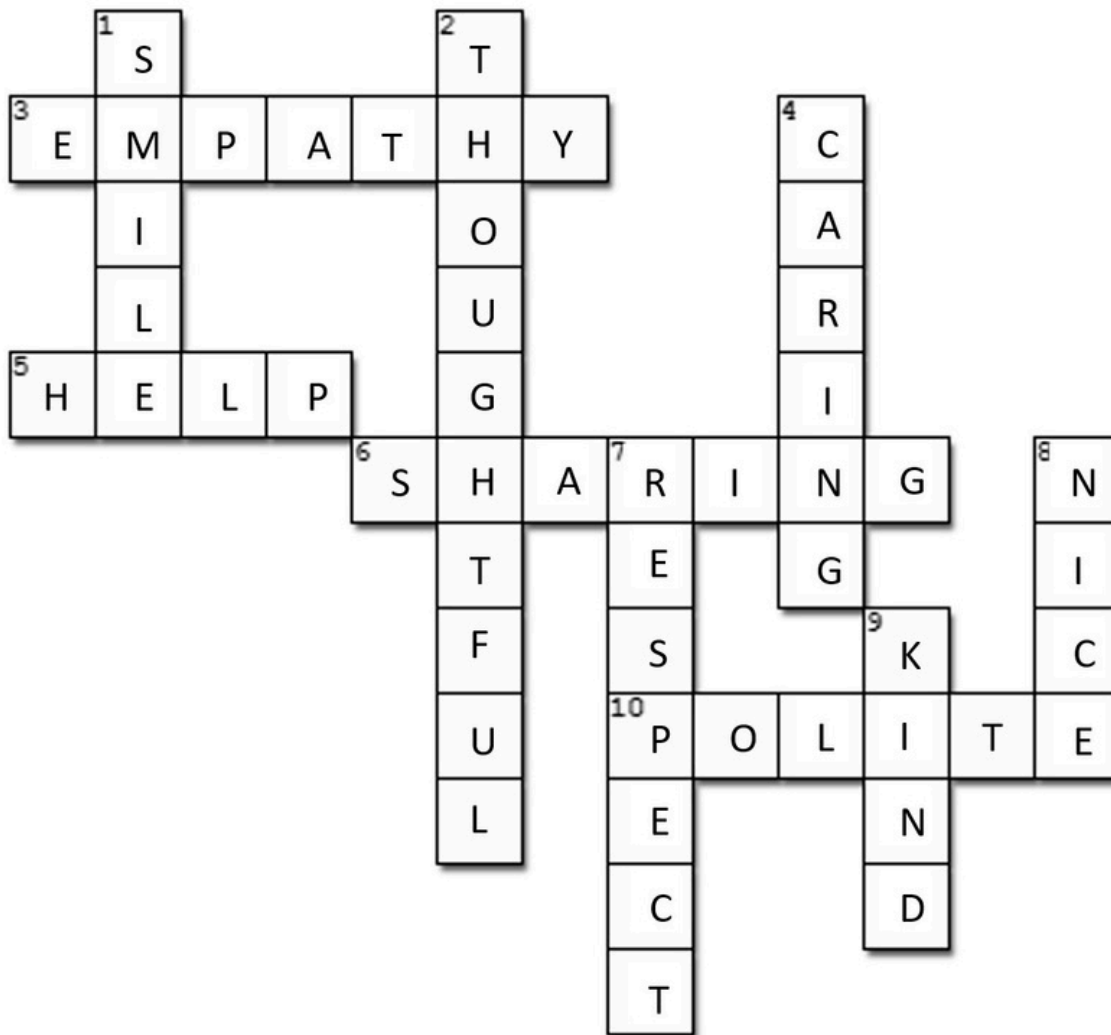
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