



Keeping children safe in Cumbria

What's happening?

 **824**
sexual offences against children under the age of 16 recorded by police last year

 **563**
children were the subject of a child protection plan

 **683**
children were in care

 **1 in 3**
young people have seen something worrying or nasty online

What we are doing to help

Visiting schools



In 2019/20, our *Speak out. Stay safe.* volunteers and staff visited **107 schools** and spoke to **13,607 children**



With your help, over the next 3 years, we can **visit all 287 schools** in Cumbria

Giving children a voice



On average, a child somewhere in the UK contacts Childline **every 25 seconds**



In 2019/20 our Childline volunteers delivered almost **240,000 counselling sessions** to children and young people



We estimate around **1,600** of these children lived in Cumbria

Supporting the community to change childhoods



We're working with **O2** to keep children safe online via our Net Aware tool and online safety advice helpline



Our **resources and guidance** help coaches, sports clubs and community groups in Cumbria keep children safe



We've worked with communities in Cumbria to help more parents **talk PANTS and keep children safe**

Face-to-face support for families



Helping children **recover from abuse** and working with families to prevent abuse



In 2019/20 we worked directly with **128 children and families** at our service centre in Carlisle



We **gather evidence and share the learning** so other organisations can help more children in communities like yours

Taking action to protect children



Our helpline responded to almost **69,000 contacts** last year from people with concerns about a child's welfare



We made **252 referrals** from our helpline to local agencies like the police and children's services

We can only keep doing this with your support. **Join us at [nspcc.org.uk](https://www.nspcc.org.uk)**

EVERY CHILDHOOD IS WORTH FIGHTING FOR